



## PERSONAL DETAILS

<b>Name</b>	:	Asha Hasnimy Binti Mohd Hashim
<b>Gender</b>	:	Female
<b>Date of Birth/Age</b>	:	10 March 1979
<b>Nationality</b>	:	Malaysia
<b>Marital Status</b>	:	Married
<b>Permanent Address</b>	:	No 1, Jalan PI 13/3, Taman Pulai Indah, 81110 Johor Bahru, Johor
<b>Correspondent Address</b>	:	Fakulti Sains Pendidikan dan Teknologi, Universiti Teknologi Malaysia, 81310 Skudai, Johor
<b>Tel</b>	:	+6019-7733160
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<b>Website</b>	:	<a href="https://people.utm.my/asha">https://people.utm.my/asha</a>
<b>ID Staff</b>	:	8974
<b>Expertise</b>	:	Sports Science, Physical Education, Exercise Rehabilitation
<b>H-Index (WOS)</b>	:	1
<b>H-Index (SCOPUS)</b>	:	4
<b>H-Index (G. Scholar)</b>	:	6
<b>H-Index (Researchgate)</b>	:	4

## ACADEMIC QUALIFICATIONS

NO	LEVEL OF EDUCATION	COURSE	UNIVERSITY	STARTING DATE	ENDING DATE
1.	Doctor of Philosophy	Sports Science Education	Universiti Pendidikan Sultan Idris, Malaysia	2011	2016
2.	Master of Public Health	Public Health	University of Wollongong, Australia	2004	2005
3.	Graduate Diploma	Biomedical	University of Wollongong, Australia	2003	2004
4.	Bachelor of Science and Education	Sports Science	Universiti Teknologi Malaysia, Malaysia	1998	2001

**AWARD AND HONORS RECEIVED**

Summary	
International Awards/Honors	1
National Awards/Honors	6
UTM Awards/Honors	13
Faculty Awards/Honors	12

NO	AWARD	LEVEL (FACULTY /UTM /NATIONAL /INTERNATIONAL)	YEAR
1.	NALI 2024 - Innovative Pedagogical Strategies In Health And Fitness Courses: Implementing The Sri Pulai Sihat Dan Cergas Program – Silver Award	National	2024
2.	Finalis Anugerah Pengajaran	Faculty	2024
3.	Anugerah Perkhidmatan Cemerlang	University	2024
4.	Anugerah Perkhidmatan Cemerlang (Kategori Terbilang)	Faculty	2024
5.	Anugerah Kualiti Akademik	Faculty	2023
6.	Active Blended Learning Course – Microteaching (Sec 05)	University	2023
7.	Active Blended Learning Course – Strength and Conditioning (Sec 01)	University	2023
8.	Anugerah Penghargaan Penyelaras Program Akademik	Faculty	2023
9.	Penghargaan Khas Projek Inovasi dan Komersialisasi Harapan	Faculty	2022
10.	Anugerah Penyelaras Terbaik Kategori Pra Siswazah	Faculty	2022
11.	Anugerah Perkhidmatan Cemerlang	Faculty	2022
12.	Anugerah Penyelidikan	Faculty	2021
13.	Anugerah Perkhidmatan Cemerlang	Faculty	2021
14.	Best Paper Award - Factors Influencing the Game Pattern in Soccer: A Systematic Review :	International	2021
15.	Anugerah Perkhidmatan Cemerlang	Faculty	2020
16.	NALI 2020 Continous Improved Process of Outcome Based education Implementation: Psychomotor Learning Activities – Bronze	National	2020
17.	Kursus Paling Aktif Menggunakan Kaedah Pembelajaran Teradun (Blended Learning) – Kaedah	University	2020

	Mengajar Pendidikan Jasmani dan Sains Sukan (Sec 01)		
18.	Kursus Paling Aktif Menggunakan Kaedah Pembelajaran Teradun (Blended Learning) – Kaedah Mengajar Pendidikan Jasmani dan Sains Sukan (Sec 02)	University	2020
19.	Kursus Paling Aktif Menggunakan Kaedah Pembelajaran Teradun (Blended Learning) – Anatomi (Sec 01)	University	2020
20.	Kursus Paling Aktif Menggunakan Kaedah Pembelajaran Teradun (Blended Learning) – Anatomi (Sec 02)	University	2020
21.	NALI 2019 New Academia Learning Innovation for Education 4.0 (Fun and Fit Exercise with Baby: Suitability of the Theme-based Exercise Program for Postpartum Mother) – Gold	National	2019
22.	Anugerah Perkhidmatan Cemerlang	Faculty	2018
23.	Anugerah Keterlibatan Industri	Faculty	2018
24.	NALI 2018 New Academia Learning Innovation for Education 4.0 (Final Year Project and Its Impact to Student Engagement and Success) – Silver	National	2018
25.	Active Blended Learning Course – Pengurusan Kokurikulum (Sec 01)	University	2017
26.	Active Blended Learning Course – Pengurusan Kokurikulum (Sec 02)	University	2017
27.	Active Blended Learning Course – Pengurusan Kokurikulum (Sec 03)	University	2017
28.	Active Blended Learning Course – Khidmat Pembelajaran dalam Pendidikan Jasmani & Sains Sukan	University	2016
29.	Anugerah Penyelidikan (Malaysia Technology Expo (MTE) (CEKAP: Fundamental Movement Assessment Battery for Normal and Special Children) – Silver	National	2014
30.	Industrial Art and Technology Exhibition INATEX 2013 (CEKAP: Fundamental Movement Assessment Battery for Normal and Special Children) – Bronze	National	2013
31.	Anugerah Perkhidmatan Cemerlang	University	2008

32.	Anugerah Perundingan – Sports Science Group	Faculty	2006
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#### WORKING EXPERIENCE

NO	POSITION	STARTING DATE	ENDING DATE	DEPARTMENT/ORGANISATION
1.	Senior Lecturer	26/10/2016	Now	Sekolah Pendidikan, Fakulti Sains Sosial dan Kemanusiaan, UTM
2.	Lecturer	02/07/2012	25/10/2016	Fakulti Pendidikan, UTM
3.	Tutor	19/11/2001	01/07/2012	Fakulti Pendidikan, UTM
4.	Teacher	17/06/2001	17/11/2001	SMK Raja Perempuan Kelsom, Kuala Kangsar, Perak

#### PROFESSIONAL MEMBERSHIP / QUALIFICATIONS / RECOGNITION

Summary	
International Professional Membership / Qualifications / Recognition	5
National Professional Membership / Qualifications / Recognition	2

NO	NAME OF PROFESSIONAL MEMBERSHIP	LEVEL (FACULTY /UTM /NATIONAL /INTERNATIONAL)	ROLE	YEAR
1.	ASEAN Council of Physical Education and Sport	International	Member	2024
2.	Malaysian Association of Sports Medicine	International	Member	2019 – 2024
3.	Akademi Kejurulatihan Kebangsaan	National	Member	2015 – now
4.	Persatuan Pendidikan Sains Dan Matematik Negeri Johor	National	Member	2018 – 2020
5.	Trageschule UK, Certificate No: 405	International	Member	2015 – 2018
6.	IEEE, Membership No.: 93739627	International	Member	2015 – 2017
7.	The British Association of Sport and Exercise Science	International	Member	2012 – 2013

## ADMINISTRATIVE EXPERIENCE

NO	POSITION	STARTING DATE	ENDING DATE	DEPARTMENT/ FACULTY/ DIVISION
1.	External Program Academic Manager	15/02/2015	14/02/2027	Faculty of Educational Sciences & Technology (FEST), Universiti Teknologi Malaysia
2.	PROTEM External Program Academic Manager	1/10/2024	14/02/2025	Faculty of Educational Sciences & Technology (FEST), Universiti Teknologi Malaysia
3.	Jawatankuasa Latihan Ikhtisas dan Kelayakan Professional (JKLIKIP)	1/1/2022	31/12/2025	Universiti Teknologi Malaysia
4.	Penasihat Akademik – Sains Sukan	1/1/2015	31/12/2025	Faculty of Social Science and Humanities, Universiti Teknologi Malaysia
5.	Penyelaras Latihan Mengajar Sekolah Pendidikan, FSSK	1/1/2023	31/12/2024	Faculty of Social Science and Humanities, Universiti Teknologi Malaysia
6.	Penyelaras Program Diploma Sukan dan Kecergasan	1/1/2023	31/12/2024	UTMSPACE, UTM
7.	Penyelaras Latihan Industri Sekolah Pendidikan, FSSK	1/1/2016	31/12/2024	Faculty of Social Science and Humanities, Universiti Teknologi Malaysia
8.	Penyelaras Program Pascasiswazah – Generik	1/1/2020	31/12/2022	Faculty of Social Science and Humanities, Universiti Teknologi Malaysia
9.	Penyelaras Program Prasiswazah – Sarjana Muda Sains dengan Pendidikan (Sains Sukan)	1/1/2016	31/12/2022	School of Education, Faculty of Social Science and Humanities, Universiti Teknologi Malaysia
10.	Ketua Research Group – Educational Growth and Human Development	1/7/2018	31/12/2020	Universiti Teknologi Malaysia
11.	Penyelaras Makmal Penyelidikan Sukan dan Outward Bound	1/1/2015	31/12/2020	Department of Education Foundation and Social Science, School of Education, Faculty of Social Science and Humanities, Universiti Teknologi Malaysia
12.	Penyelaras Projek Sarjana Muda (Panel Sains Sukan)	1/7/2018	20/6/2020	School of Education, Faculty of Social Science and Humanities, Universiti Teknologi Malaysia
13.	Penyelaras Makmal Sukan dan Pemulihan	1/1/2014	31/12/2014	Department of Foundation Education and Social Science, Faculty of Education, Universiti Teknologi Malaysia

## CONSULTATION WORKS

Summary	
Consultation Project-UTM	2 projects (RM 152,400)
Consultation Project- Others	3 projects (RM 42,450)

### Consultation Project UTM

No.	Year	Title	Value	Vot
1.	2023	Pembangunan Program Baharu Diploma Sukan dan Kecergasan	RM50,000.00	1928 UTSB
2.	2022	Kursus Professional Pendidikan Kejurulatihan Sukan (Foundation And Applied Coach Education (F.A.C.E)	RM102,000.00	2045 UTSB
3.	2020	Outward Bound dan Sains Sukan	RM400.00	A.J5303.530 5.6100

### Consultation Project - Others

No.	Year	Title	Value	Vot
1.	2024	Outward Bound dan Sains Sukan	RM28,660.00	UTIM39
2.	2023	Outward Bound dan Sains Sukan	RM5,130.00	UTIM39
3.	2022	Outward Bound dan Sains Sukan	RM8,660.00	UTIM39

## INTERNATIONAL/NATIONAL/UNIVERSITY COMMITTEE

Summary	
International Committee	8
National Committee	3
University Committee	18
Faculty Committee	52
Community Committee	22

### International

NO	NAME OF COMMITTEE	ROLE	STARTING DATE	ENDING DATE
1	Education Research Colloquium 2018	Committee	5/4/2018	5/4/2018
2	The 12th International Civil Engineering Postgraduate Conference – The 3rd International Symposium of Expertise on Engineering Design (SEPKA ISEED'18)	Committee	1/6/2018	30/9/2018
3	3rd Technical and Vocational education & Training International Conference (TVETIC).	Committee	28/10/2018	27/11/2018
4	4th International Education Postgraduate Seminar 2017 (4th IEPS2017)	Committee	4/10/2017	31/12/2017
5	2nd International Conference On Educational Studies (ICES 2017)	Secretary	17/1/2017	16/11/2017
6	International Conference on Applied Counselling & Psychology 2017 (ICACP 2017)	Committee	7/2/2016	8/2/2017
7	4th International Education Postgraduate Seminar 2017 (IEPS)	Committee	9/11/2017	11/12/2017

8	2nd Technical and Vocational education & Training International Conference (TVETIC).	Committee	10/10/2016	30/11/2016
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### National

NO	NAME OF COMMITTEE	ROLE	STARTING DATE	ENDING DATE
1	Program Standard Pengajian Sukan Majlis Ketua Pusat Pengajian Sukan Universiti Awam	Committee	7/3/2024	6/3/2025
2	Knowledge Exchange and Outreach Committee	Committee	13/5/2022	12/5/2023
3	Malaysian Association of Babywearing Educator and Consultants	Committee	1/1/2016	31/12/2016

### University

NO	NAME OF COMMITTEE	ROLE	STARTING DATE	ENDING DATE
1	Ahli Jawatankuasa Taskforce Semakan Governan Akademik SPACE UTM	Committee	20/2/2025	30/06/2025
2	Taskforce Virtual Lab UTM 2024-2025	Committee	1/1/2024	31/12/2025
3	Latihan Industri Bagi Program Prasiswazah UTM	Coordinator	1/6/2024	31/5/2026
4	Micro Credential UTM	Committee	1/1/2025	31/12/2025
5	Latihan Ikhtisas dan Kelayakan Profesional (JKLIKP)	Committee	12/2/2024	31/12/2025
6	Badan Kebajikan Staf (BAKES) UTM	Member	1/1/2024	31/12/2024
7	Rising Above Covid – 19 Challenges – Graduate Employability (RACE GE) 2022/2023	Committee	1/10/2022	30/9/2023
8	Task force Latihan Ikhtisas dan Kelayakan Profesional	Committee	2/1/2023	31/12/2023
9	Task force Latihan Ikhtisas dan Kelayakan Profesional	Committee	15/3/2022	31/12/2022
10	Badan Kebajikan Staf (BAKES) UTM	Member	1/1/2023	31/12/2023
11	Virtual Lab UTM 2023	Committee	1/1/2023	31/12/2023
12	Badan Kebajikan Staf (BAKES) UTM	Member	1/1/2022	31/12/2022
13	Badan Kebajikan Staf (BAKES) UTM	Member	1/1/2021	31/12/2021
14	Educational Growth and Human Development (EGHD)	Research Group Leader	15/12/2016	31/5/2020
15	Jawatankuasa Pemilihan Anugerah Sukan UTM (Citra Karisma) 2018	Committee	14/3/2018	14/3/2018
16	Task Force Pembangunan Diploma Sukan Dan Kecergasan (Diploma In Sport And Fitness)	Leader	1/12/2020	31/12/2024

17	Badan Kebajikan Staf (BAKES) UTM	Member	1/1/2002	31/12/2020
18	Keusahawanan & Industri Sukan SUKIPT	Committee	1/6/2015	5/2/2016

### Faculty

NO	NAME OF COMMITTEE	ROLE	STARTING DATE	ENDING DATE
1	Task Force Pembangunan Laman Web Fakulti Sains Pendidikan dan Teknologi (FEST)	Committee	24/11/2024	23/11/2025
2	Taskforce Program Tunas Jauhar	Committee	1/1/2025	31/12/2025
3	Jawatankuasa Akademik Fakulti Sains Pendidikan dan Teknologi	Committee	1/1/2025	31/12/2025
4	Jawatankuasa Eksekutif Fakulti Sains Pendidikan dan Teknologi	Committee	1/1/2025	31/12/2025
5	Jawatankuasa Latihan Praktikal Fakulti Sains Pendidikan dan Teknologi	Committee	1/1/2025	31/12/2025
6	Program International School Attachment: In-bound Teaching Practice Universitas Negeri Yogyakarta, Indonesia	Committee	9/8/2024	6/9/2024
7	Sistem Pengurusan Kualiti (SPK – UTM) Fakulti Sains Sosial dan Kemanusiaan	Committee	1/1/2023	31/12/2023
8	Majlis Apresiasi Fakulti Sains Sosial dan Kemanusiaan (FSSH) 2023	Committee	1/6/2023	29/8/2023
9	Kursus Peralaksanaan Latihan Praktikal Sekolah Pendidikan, FSSH 2023 Fasa 1	Committee	23/11/2023	9/12/2023
10	Latihan Praktikal Sekolah Pendidikan	Committee	1/2/2023	31/12/2023
11	Program Inbound UNY – UTM 2023	Committee	8/9/2023	6/10/2023
12	Task Force Sistem Pengurusan Kualiti (SPK – UTM) Fakulti Sains Sosial dan Kemanusiaan	Committee	23/10/2023	24/10/2024
13	Majlis Apresiasi Staf Fakulti Sains Sosial dan Kemanusiaan (FSSH)	Committee	1/6/2022	31/12/2022
14	Task Force Temuduga Calon Ijazah Sarjana Muda Pendidikan (ISMP) Sekolah Pendidikan Sesi 2022/2023	Committee	18/4/2022	31/12/2022
15	Task Force Semakan Kurikulum Program Pra Siswazah Fakulti Sains Sosial dan Kemanusiaan	Committee	1/5/2022	31/12/2022
16	Task Force Semakan Dokumen COPPA Pasca Siswazah Fakulti Pendidikan	Committee	1/1/2022	31/12/2022
17	Jawatankuasa Penyelidikan Sekolah Pendidikan, FSSK	Committee	1/1/2020	31/12/2020
18	Jawatankuasa Perundingan, Inovasi dan Komersialisasi	Committee	1/1/2020	31/12/2020

19	Jawatankuasa Penyelidikan dan Perundingan Fakulti Sains Sosial dan Kemanusiaan (FSSK)	Committee	1/7/2020	31/12/2020
20	Task Force Sistem Pengurusan Kualiti (SPK – UTM) Fakulti Sains Sosial dan Kemanusiaan	Committee	1/8/2020	31/12/2020
21	Task Force Penyediaan Dokumen COPPA Program Pasca Siswazah Mod Penyelidikan Secara Generik Fakulti Sains Sosial dan Kemanusiaan	Committee	1/1/2020	31/12/2020
22	Task Force Audit Myra FSSH 2020		1/1/2020	31/12/2020
23	Task Force Penyediaan Kertas Kerja Semakan Kurikulum Sekolah Pendidikan	Committee	1/1/2020	31/12/2020
24	Task Force Temuduga Calon Ijazah Sarjana Muda Pendidikan (ISMP) Secara Dalam Talian Sekolah Pendidikan	Committee	1/3/2020	5/7/2020
25	Task Force Pembangunan Sarjana Muda Pendidikan dengan Komputer (Pendidikan Awal Kanak – kanak), Sekolah Pendidikan	Committee	1/6/2020	31/12/2020
26	Jawatankuasa Semakan Kurikulum Pascasiswazah FSSH	Committee	1/10/2019	31/8/2020
27	Taskforce Myra 2019 FSSH	Committee	1/1/2019	31/1/2019
28	Jawatankuasa Penyelidikan dan Penerbitan FSSH	Committee	1/1/2019	31/1/2019
29	Program Sit In Latihan Mengajar Indonesia UMJ & UMMI	Committee	2/7/2018	1/7/2019
30	Kembara STEM UTM-JPNJ	Committee	10/10/2018	10/10/2018
31	Jawatankuasa Penyelidikan dan Perundingan Sekolah Pendidikan	Committee	1/7/2018	30/6/2020
32	Jawatankuasa Perundingan, Inovasi dan Komersialisasi Sekolah Pendidikan	Committee	1/7/2018	30/6/2020
33	Jawatankuasa Projek Sarjana Muda Sekolah Pendidikan	Committee	1/7/2018	30/6/2020
34	Taskforce Audit Myra 2018	Committee	5/8/2018	28/8/2018
35	AJK Penyediaan Maklumat Kursus (L1) Program Diploma Pendidikan Lepas Ijazah (DPLI) SOE	Committee	12/11/2018	31/12/2019
36	Kolokium Pendidikan Nusantara	Committee	18/3/2018	5/4/2018
37	Jawatankuasa Penyelidikan, Inovasi, Komersialisasi & Jaringan Fakulti Pendidikan	Committee	21/2/2018	20/2/2020
38	Pengarang E – Newsletter Faculty of Education	Committee	22/1/2017	31/12/2017
39	Green Office Month	Committee	1/2/2017	31/3/2017
40	Jawatankuasa Minggu Pendidik	Committee	7/5/2017	31/5/2017
41	Jawatankuasa Persekitaran, Keselamatan dan Kesihatan Pekerjaan (OSHE) Fakulti Pendidikan 2017-2019	Committee	1/1/2017	31/12/2019

42	Service Learning Fakulti Pendidikan	Committee	28/5/2017	29/5/2019
43	Task Force Semakan Dokumen COPPA Pasca Siswazah Fakulti Pendidikan	Committee	13/4/2017	30/4/2018
44	Kem Spirit of Togetherness 2017	Committee	7/6/2017	30/9/2017
45	Jawatankuasa Latihan Industri/Latihan Mengajar	Committee	1/1/2016	31/12/2016
46	Jawatankuasa Kecil Keselamatan dan Kesihatan Pekerjaan (OSH) Fakulti Pendidikan	Committee	1/1/2015	31/12/2015
47	Program First Year Experience 2015 (FYE) Fakulti Pendidikan	Committee	1/1/2015	31/12/2015
48	Jawatankuasa Aktiviti Makmal Sukan dan Pemulihan Jabatan Asas Pendidikan & Sains Sosial, Fakulti Pendidikan	Committee	1/1/2014	31/12/2014
49	Jawatankuasa Green Office	Committee	2/3/2014	31/12/2014
50	Jawatankuasa Pemasaran Fakulti Pendidikan	Committee	1/4/2014	31/3/2016
51	Task Force Permohonan Bangunan Baru Fakulti Pendidikan	Committee	9/6/2014	31/12/2015
52	Green Office Fakulti Pendidikan	Committee	1/1/2013	31/12/2013

### **Community**

<b>NO</b>	<b>NAME OF COMMITTEE</b>	<b>ROLE</b>	<b>STARTING DATE</b>	<b>ENDING DATE</b>
1	Persatuan Penggendong Bayi Selat Tebrau Johor Bahru, Johor (Selat Tebrau Babywearers)	Committee	27/3/2022	25/5/2024
2	Koperasi UTM Berhad	Member	1/1/2024	31/12/2024
3	Koperasi UTM Berhad	Member	1/1/2023	31/12/2023
4	Persatuan Ibubapa dan Guru SMK Seri Pulai Perdana	Deputy Chair	1/3/2022	31/12/2022
5	Koperasi UTM Berhad	Member	1/1/2022	31/12/2022
6	Koperasi UTM Berhad	Member	1/1/2021	31/12/2021
7	Koperasi UTM Berhad	Member	1/1/2020	31/12/2020
8	Persatuan Penggendong Bayi Selat Tebrau Johor Bahru, Johor (Selat Tebrau Babywearers)	Member	1/1/2020	31/12/2020
9	Koperasi UTM Berhad	Member	1/1/2019	31/12/2019
10	Persatuan Penggendong Bayi Selat Tebrau Johor Bahru, Johor (Selat Tebrau Babywearers)	Member	1/1/2019	31/12/2019
11	Persatuan Penggendong Bayi Selat Tebrau Johor Bahru, Johor (Selat Tebrau Babywearers)	Member	1/1/2018	31/12/2018
12	Koperasi UTM Berhad	Member	1/1/2018	31/12/2018
13	Southern Babywearing Festival 2017	Director	1/1/2017	31/1/2017

14	Persatuan Penggendong Bayi Selat Tebrau Johor Bahru, Johor (Selat Tebrau Babywearers)	Secretary	8/2/2017	7/2/2018
15	Koperasi UTM Berhad	Member	1/1/2017	31/12/2017
16	Persatuan Penggendong Bayi Selat Tebrau Johor Bahru, Johor (Selat Tebrau Babywearers)	Vice President	1/1/2016	7/2/2016
17	Koperasi UTM Berhad	Member	1/1/2016	31/12/2016
18	Persatuan Penggendong Bayi Selat Tebrau Johor Bahru, Johor (Selat Tebrau Babywearers)	President	1/1/2015	7/2/2015
19	Koperasi UTM Berhad	Member	1/1/2015	31/12/2015
20	Persatuan Penggendong Bayi Selat Tebrau Johor Bahru, Johor (Selat Tebrau Babywearers)	Member	1/1/2014	7/2/2014
21	Koperasi UTM Berhad	Member	1/1/2014	31/12/2014
22	Bengkel Babywearing 101	Deputy Director	1/8/2014	23/10/2014

#### SELECTED ACTIVITIES / WORKSHOPS / SEMINARS / COURSES

NO	NAME OF ACTIVITIES	PLACE OF ACTIVITIES	STARTING DATE	ENDING DATE
1	Pra Bengkel Strategik Planning Dan Tadbir Urus FEST	Fakulti Sains Pendidikan dan Teknologi	26/11/2024	26/11/2024
2	Pemantauan Pelaksanaan Uji Rintis Kurikulum Persekolahan 2027 Bagi Mata Pelajaran Pendidikan Jasmani Tahun 1 Dan Tingkatan 1	SMK Pekan Baru	26/9/2024	26/9/2024
3	Bengkel Kerja Pembinaan Bahan Sokongan Uji Rintis Pendidikan Jasmani Tahun 1 Dan Tingkatan 1 Bagi Kurikulum Persekolahan Tahun 2027 Bil. 2/2024	Hotel Geno, Subang Jaya, Selangor	23/7/2024	29/7/2024
4	Bengkel Kerja Penggubalan Kurikulum Sekolah Menengah Pendidikan Jasmani Tingkatan 1 Bil. 2/2024	Crystal Crown	11/6/2024	14/6/2024
5	Bengkel Semakan Kurikulum Program Pra Siswazah fakulti Sains Sosial dan Kemanusiaan	La Crista Hotel, Melaka	6/7/2023	8/7/2023
6	Bengkel Pemantapan Penasihat Akademik Pra Siswazah FSSH Siri 1	Pulai Spring Resort, Johor Bahru	5/9/2023	5/9/2023
7	Writing in Publication Bootcamp for High Impact Journals	Ibis Styles Johor, Iskandar Puteri, Johor	28/11/2023	29/11/2023
8	High Impact Q1/Q2 Workshop	Dewan Bankuet, Bangunan Canseleri Sultan Ibrahim, UTM	21/6/2023	21/6/2023

9	Kursus Penilaian APEL A	Pusat Pembangunan Bakat dan Kepimpinan (CTLD), UTM Johor Bahru	5/12/2023	5/12/2023
10	Bengkel Kerja Pengkonsepsian Kurikulum Pendidikan Jasmani Sekolah Rendah Bilangan 2/2023	Concorde Hotel, Shah Alam, Selangor	10/4/2023	12/4/2023
11	Bengkel Pembetulan dan Penyiapan Dokumen Kertas Kerja Lengkap & Maklumat Kursus Program Baharu Doktor Pendidin (EDD)	Sekolah Pendidikan, FSSH, UTM	14/8/2023	15/8/2023
12	Bengkel Penghasilan dan Pemurnian Proposal Penyelidikan EGHD	Sekolah Pendidikan, FSSH, UTM	4/1/2022	4/1/2022
13	FSSH UTM-AMU International Colloquim on Socio-Psychological Issues of Leaner in Covid-19 Era	Online	18/5/2022	18/5/2022
14	Bengkel Semakan dan Penilaian Kurikulum Program Akademik Baharu: Diploma Sukan dan Kecergasan, UTM	UTMSPACE Taman Universiti, Johor	13/3/2022	14/3/2022
15	Pendekatan Aplikasi Alternatif Dalam Pengajaran dan Pembelajaran Pendidikan Jasmani & Pendidikan Kesihatan	Online	26/6/2021	26/6/2021
16	International Sport, Health and Emerging Technologies Summit Conference	Online	27/10/2021	29/10/2021
17	Webinar Jika Saya Bukan Seorang Guru, Ke Manakah Halatuju Saya	Online	23/12/2021	23/12/2021
18	Majlis Bersama Naib Canselor	Online	25/10/2021	25/10/2021
19	Webinar Perkongsian Amalan PdPc Online Pendidikan Jasmani	Online	23/1/2021	23/1/2021
20	Bengkel Mengenai Keputusan Peperiksaan Semester 1, Sesi 2019/2020 Program Pra Siswazah dan Pasca Siswazah.	Sekolah Pendidikan, Fakulti Sains Sosial dan Kemanusiaan, UTM	19/1/2020	19/1/2020
21	Bengkel Pemurnian Sistem Pengurusan Kualiti – UTM (SPK-UTM) Fakulti Sains Sosial dan Kemanusiaan	Bilik Seminar 1, Blok D05, Fakulti Sains Sosial dan Kemanusiaan	25/8/2020	25/8/2020
22	Bengkel Penulisan dan Penilaian Proposal FRGS Fasa 1	Bilik Seminar 1, Blok D05, Fakulti Sains Sosial dan Kemanusiaan	20/1/2020	28/1/2020
23	Bengkel Persediaan Audit Pra Siswazah	Sekolah Pendidikan, Fakulti Sains Sosial dan Kemanusiaan, UTM	9/8/2020	9/8/2020

24	Program Empowering FREE@FSSH Series	online	6/7/2020	9/7/2020
25	FSSH-USSH International Education Colloquium	online	22/9/2020	22/9/2020
26	FSSH Togetherness	Hutan rekreasi UTM	15/1/2020	15/1/2020
27	Ceramah Improving Postgraduate Supervision Fakulti Sains Sosial dan Kemanusiaan	Bilik Seminar 2, Blok D05, Fakulti Sains Sosial dan Kemanusiaan	1/1/2020	1/1/2020
28	Latihan dan Klinik TES DCP Sekolah Pendidikan	Sekolah Pendidikan, Fakulti Sains Sosial dan Kemanusiaan, UTM	16/8/2020	16/8/2020
29	Bengkel Pemurnian Dokumen COPPA Program SHPS	Sekolah Pendidikan, Fakulti Sains Sosial dan Kemanusiaan, UTM	28/7/2020	28/7/2020
30	Taklimat Sistem Fail Kursus Fakulti Sains Sosial dan Kemanusiaan	Online	20/7/2020	20/7/2020
31	Interactive Online Learning Activities (H%P In E-learning UTM	Online	29/3/2020	29/3/2020
32	Bengkel Kerja Penyediaan Penilai Buku Teks Kurikulum Standard Sekolah Menengah Tahun 2018: Zon Selatan	KSL Hotel & Resort, Johor Bahru	13/11/2018	15/11/2018
33	Kursus Auditor Dalaman	Dewan Alumni, Rumah Alumni UTM	3/4/2018	3/4/2018
34	NALI 2018 Exhibition & Competition	Dewan Sultan Iskandar, UTM	25/9/2018	26/9/2018
35	Bengkel Perancangan Strategik untuk School of Biomedical Engineering	Blok VO1, FBMU, UTM	17/1/2018	18/1/2018
36	Bengkel ICGPA UHAK 1012 Atribut Kejayaan Graduan	CICT, UTM	30/1/2018	30/1/2018
37	Bengkel EnVision 2025 Siri 1	UTM TTC, UTM	16/8/2018	16/8/2018
38	Bengkel EnVision 2025 Siri 2	KSL Hotel & Resort, Johor Bahru	23/9/2018	23/9/2018
39	Intergrated Cumulative Grade Point Average (iCGPA) Workshop	UTM	14/1/2018	14/1/2018
40	Bengkel Pengajaran Kursus Atribut Kejayaan Graduan	Fakulti Alam Bina, UTM	15/8/2017	16/8/2017
41	15th Industri al Art and Technology Exhibition (INATEX) 2013	Dewan Sultan Iskandar, UTM	2/10/2013	4/10/2013
42	Invention & Innovation Awards 2014 Malaysia Technology expo 2014	Kuala Lumpur	20/2/2014	22/2/2014
43	Trangeshule Advance Course	Selangor	16/12/2014	18/12/2014

## RESEARCH ACTIVITIES

Summary	
Principal Investigator- International Grants	<b>0 projects (RM0)</b>
Principal Investigator- National Grants	<b>2 projects (RM131,000)</b>
Principal Investigator- UTM Grants	<b>4 projects (RM144,000)</b>
Member- International Grants	<b>2 projects (RM176,002)</b>
Member- National Grants	<b>10 projects (RM1,344,069)</b>
Member- UTM Grants	<b>26 projects (RM1,373,093)</b>

### *As a principal investigator*

Bil	Name Of Grant	Role	Category Of Grant (UTM/ Others)	Type Of Grant	Amount (RM)	Starting Date	Ending Date	Vote No
1	Pemindahan Ilmu Kesihatan Dan Gaya Hidup Sihat Kepada Komuniti Sri Pulai Melalui Program Sri Pulai Sihat Dan Cergas	PI	UTM	Knowledge Transfer (KTP)	RM5,000	1/2/2024	31/1/2025	CE/2024/00010
2	Kerangka Corak Taktikal Permainan (Playing Style Tactical) Pasukan Bola Sepak Remaja Malaysia	PI	Other	FRGS	RM118,700	1/11/2020	31/10/2024	5F325
3	Prototype Development Of Social Exercise Video On Fun And Fit Babywearing: Postpartum Exercise	PI	UTM	UTMPPr	RM80,000	1/1/2020	31/7/2023	00L58
4	Calisthenics Exercise On The Physiological Profile Of Type 2 Diabetic Mellitus (T2DM) Patients.	PI	UTM	UTM Teir 2.	RM10,000	1/2/2018	30/4/2019	15J06

5	Bersenam (Bersama Bayi) Dalam Kalangan Ibu Pengendong Bayi [Exercise With Baby For Babywearer Community] – Fun & Fit With Baby.	PI	UTM	UTM Networking Grant	RM100	14/4/2016	21/5/2016	4X206
6	Pembentukan Kerangka Model dalam Penggunaan "Babywearing"	PI	Other	FRGS	RM113,000	16/12/2013	14/6/2016	4F259
7	Utilizing The Pattern Usage, Physical Measurement And Rated Of Sports Bra Features To Propose A New Standardized Size And Design That Physically Fitted For Young Athletes.	PI	UTM	UTM Teir 2	RM32,000	1/12/2012	31/12/2013	08J41
8	The Immediate Effects Of Patellar Taping Among Athlete With Patellofemoral Pains Syndrome (PFPS)	PI	UTM	UTM (OTR)	RM5,000	1/6/2011	30/11/2012	4B032

**As a scientific member**

<b>Bil</b>	<b>Name Of Grant</b>	<b>Role</b>	<b>Category Of Grant (Utm/ Others)</b>	<b>Type Of Grant</b>	<b>Amount (Rm)</b>	<b>Starting Date</b>	<b>Ending Date</b>	<b>Vote No</b>
1	Sri Pulai SRS E-Bike Patrol		UTM	Centre for Community and Industry Network	RM26,000	11/7/2024	31/1/2025	4J697
2	4B761 - Pembinaan Rubrik Kemahiran melalui Penjajaran Konstruktif Domain Psikomotor Pentaksiran Bilik Darjah Pendidikan Jasmani	Members	Other	Matching Grant	RM5,000	1/4/2022	31/3/2024	03M94
3	Pembinaan Rubrik Kemahiran melalui Penjajaran Konstruktif Domain Psikomotor Pentaksiran Bilik Darjah Pendidikan Jasmani	Members	Other	Non Government Agency	RM5,000	1/4/2022	31/3/2024	4B761
4	Pola perkembangan kemahiran neuromotor kanak-kanak prasekolah dalam persekitaran gaya hidup berasaskan skrin	Member	UTM	UTM-ER	RM15,000	1/10/2021	30/9/2023	20J13
5	Kerangka Hierarki Pergerakan Motor Halus Kemahiran Menulis Aksara Jawi menggunakan Pen Digital pada Skrin Sentuh dalam kalangan	Member	Other	FRGS	RM65,000	1/11/2020	30/4/2023	5F312

	kanak-kanak Prasekolah							
6	Sub KTP RIG: Seminar Perkongsian Ilmu Mengenai Aktiviti Sukan Suaian Kepada Kanak-Kanak Pendidikan Khas Di Sekitar Negeri Johor	Member	Other	Networking grant	RM5,000	1/1/2020	31/12/2021	4X553
7	Equine therapeutic: riding for special need and ecology sustainability	Member	UTM	CCIN	RM20,000	1/1/2020	31/12/2021	4L432
8	A new enhanced multi-objective pso for prediction of young developing cyclist sports performance	Member	UTM	UTM Tier 2	RM20,000	1/11/2019	31/10/2022	18J76
9	Penggunaan perisian multimedia pembelajaran berintegrasikan teknologi penganalisaan video dan simulasi bagi kemahiran sukan	Member	UTM	UTM Tier 2	RM10,000	1/8/2019	31/1/2022	16J92
10	Profil orientasi matlamat penyertaan sukan dalam kalangan atlet sukma Johor 2020	Member	UTM	UTM Tier 2	RM10,000	1/8/2019	31/1/2022	17J25
11	Model-driven genetic algorithm for cycling performance prediction	Member	UTM	PAS	RM20,000	1/10/2018	30/9/2019	03K42
12	Prestasi kemahiran motor halus kanak-kanak pra sekolah	Member	UTM	CCIN	RM5,050	1/2/2018	30/11/2018	4L428
13	The neural activity of children's focus attention tasks	Member	UTM	UTM Tier 2	RM10,000	1/2/2018	30/4/2019	14J95

	following physical activity.							
14	Motor Educability Antara Atlet Lawan Pedang Kategori Epee, Sabre dan Foil.	Member	UTM	UTM Tier 2	RM10,000	1/10/2016	1/10/2016	11J70
15	Talent Identification on Malaysian Selected Sports Based on Current Sports Demand.	Member	UTM	UTM Teir 1	RM35,000	1/5/2015	31/10/2016	09H57
16	Kerangka Model Amalam Kecergasan Fizikal Dalam Kalangan Guru	Member	Other	FRGS	RM68,200	1/7/2014	30/6/2016	4F564
17	Pembangunan Instrumen Pentaksiran Asas Pergerakan Baharu Bagi Kanak-Kanak: Instrumen Pentaksiran Kemahiran Asas Pergerakan (CEKAP)	Member	Other	FRGS	RM64,200	16/12/2013	15/12/2015	4F365
18	Pembinaan Sistem Penilaian Kokurikulum Pelajar (SPKP) dan Profil Kecemerlangan Aktiviti Kokurikulum Pelajar Sekolah	Member	Other	FRGS	RM53,200	16/12/2013	15/12/2015	4F352

**COLLABORATION / MOU**

NO	NAME OF MOU	LEVEL OF MOU (NATIONAL/INTERNATIONAL)	STARTING DATE	ENDING DATE
1.	UTMSPACE-JDT	National	15/10/2023	15/09/2025
2.	Kerjasama (LOC) Di Antara UTM Melalui FSSH Dengan JPNJ Dan DTC-JDT Kulai SMK Bandar Putra	National	01/01/2022	31/12/2024

**TEACHING ACTIVITIES**

Summary	
Total Credit Hours	224

**UNDERGRADUATES**

Semester	Sem	Subject Code	Subject	Credit Hour	No of Student
2024/2025	2	SHPR 4942	Service Learning in Physical Education and Sports Science	2	31
2024/2025	2	SHPR2803	Teaching Method in Physical Education and Sports Science	3	32
2024/2025	1	SHPR3802	Sport Injuries	2	25
2024/2025	1	SHPR2922	Strength and Conditioning	2	35
2023/2024	2	SHPR3802	Sport Injuries	2	30
2023/2024	2	SHPR1922	Athletics	2	32
2023/2024	2	SPPP2882	Co-curriculum, sport and game management	2	24
2023/2024	1	SPPA2001	Micro-teaching	1	6
2023/2024	1	SHPR2922	Strength and Conditioning	2	31
2023/2024	1	SHPR4882	Sport Nutrition (01)	2	36
2023/2024	1	SHPR4882	Sport Nutrition (02)	2	33
2022/2023	2	SHPR3802	Sport Injuries (01)	2	31
2022/2023	2	SHPR3802	Sport Injuries (02)	2	33
2022/2023	2	SHPR2803	Teaching Method in Physical Education and Sports Science	3	24
2022/2023	1	SPPR4882	Sport Nutrition	2	12
2022/2023	1	SHPR4882	Sport Nutrition	2	29
2022/2023	1	SHPR4942	Service Learning in Physical Education and Sports Science (01)	2	26
2022/2023	1	SHPR4942	Service Learning in Physical Education and Sports Science (02)	2	32
2022/2023	1	SPPA2001	Micro-teaching	1	6
2022/2023	1	SHPR2922	Strength and Conditioning	2	29
2021/2022	2	SPPR4802	Sport Science Seminar	2	42
2021/2022	2	SHPR3802	Sport Injuries (01)	2	33

2021/2022	2	SHPR3802	Sport Injuries (02)	2	32
2021/2022	2	SPPR3802	Sport Injuries	2	1
2021/2022	1	SPPA2001	Micro-teaching	1	6
2021/2022	1	SHPR1852	Human Anatomy	2	28
2021/2022	1	SHPR2922	Strength and Conditioning	2	24
2021/2022	1	SPPR2922	Strength and Conditioning	2	14
2021/2022	1	SHPR4942	Service Learning in Physical Education and Sports Science	2	1
2021/2022	1	SPPR4942	Service Learning in Physical Education and Sports Science (01)	2	44
2021/2022	1	SPPR4942	Service Learning in Physical Education and Sports Science (02)	2	22
2020/2021	1	SHPR1852	Human Anatomy (01)	2	31
2020/2021	1	SHPR1852	Human Anatomy (02)	2	31
2020/2021	1	SPPR 1852	Human Anatomy (01)	2	1
2020/2021	1	SPPA2001	Micro-teaching	1	6
2020/2021	1	SPPR3802	Sport Injuries (01)	2	12
2020/2021	1	SPPR3802	Sport Injuries (02)	2	20
2020/2021	1	SPPR3802	Sport Injuries (02)	2	22
2019/2020	2	SHPR1852	Human Anatomy (01)	2	7
2019/2020	2	SHPR1852	Human Anatomy (02)	2	1
2019/2020	2	SPPR2803	Teaching Method in Physical Education and Sports Science (01)	3	1
2019/2020	2	SPPR2803	Teaching Method in Physical Education and Sports Science (02)	3	44
2019/2020	2	SPPR2803	Teaching Method in Physical Education and Sports Science (03)	3	16
2019/2020	1	SHPR1852	Human Anatomy	2	26
2019/2020	1	SPPA2001	Micro-teaching	1	6
2019/2020	1	SPPR2922	Strength and Conditioning	2	48
2019/2020	1	SPPR3802	Sport Injuries	2	43
2019/2020	1	SPPR4942	Service Learning in Physical Education and Sports Science	2	13
2018/2019	2	SPPP2882	Co-curriculum, sport and game management (01)	2	44
2018/2019	2	SPPP2882	Co-curriculum, sport and game management (03)	2	31
2018/2019	2	SPPR1852	Human Anatomy	2	12
2018/2019	2	SPPR2803	Teaching Method in Physical Education and Sports Science	3	42
2018/2019	1	SPPR1852	Human Anatomy	2	44
2018/2019	1	SPPR2862	Co-curriculum Management	2	6
2018/2019	1	SPPR2922	Strength and Conditioning	2	38
2018/2019	1	SPPR4942	Service Learning in Physical Education and Sports Science	2	29
2018/2019	1	UHAK1012	Graduate Attributes	2	51

2017/2018	2	SPPP2882	Co-curriculum, sport and game management	2	43
2017/2018	2	SPPR1852	Human Anatomy	2	5
2017/2018	2	SPPR2862	Co-curriculum Management (01)	2	45
2017/2018	2	SPPR2862	Co-curriculum Management (02)	2	30
2017/2018	1	SPPR1852	Human Anatomy	2	38
2017/2018	1	SPPR2862	Co-curriculum Management	2	33
2017/2018	1	SPPR3802	Sports Injuries	2	18
2017/2018	1	UHAK1012	Graduate Attributes	2	35
2016/2017	2	SPPR2862	Co-curriculum Management (01)	2	28
2016/2017	2	SPPR2862	Co-curriculum Management (02)	2	13
2016/2017	2	SPPR2862	Co-curriculum Management (03)	2	20
2016/2017	1	SPPR1852	Human Anatomy	2	14
2016/2017	1	SPPR2862	Co-curriculum Management	2	49
2016/2017	1	SPPR 3802	Sports Injury	2	29
2015/2016	2	SPPR4942	Service Learning in Physical Education and Sports Science	2	21
2015/2016	2	UPPR2002	Healthy Living	2	9
2015/2016	1	SPPR1852	Human Anatomy	2	29
2015/2016	1	UKQP1891	Athletic Skills and Management	1	29
2015/2016	1	SPPR 4882	Sports Nutrition	2	21
2014/2015	2	SPPP4043	Bina Insan Guru	3	44
2014/2015	2	UKQP 1881	Sports Skills and Management	1	22
2014/2015	1	SPPR3802	Sports Injuries	2	21
2014/2015	1	SPPR4882	Sports Nutrition	2	30
2014/2015	1	UKQP1881	Sports Skills and Management (01)	1	36
2014/2015	1	UKQP1881	Sports Skills and Management (02)	1	29
2014/2015	1	UKQP1891	Athletic Skills and Management	1	41
2013/2014	2	SPPR2862	Co-curriculum Management (02)	2	15
2013/2014	2	SPPR2862	Co-curriculum Management (04)	2	17
2013/2014	2	UPPR2002	Healthy Living	2	15
2013/2014	1	SPPR2862	Co-curriculum Management (01)	2	15
2013/2014	1	SPPR3802	Sport Injury	2	31
2013/2014	1	SPPR4882	Sport Nutrition	2	31
2013/2014	1	SPR4912	Gymnastic	2	31
2012/2013	2	SPPR1832	Outdoor Education	2	21
2012/2013	2	SPPR2862	Co-curriculum Management (03)	2	44

2012/2013	2	SPPR2862	Co-curriculum Management (04)	2	39
2012/2013	1	SPPR1852	Human Anatomy	2	22
2012/2013	1	SPPR2872	Adapted Physical Education	2	32
2012/2013	1	SPR3802	Sport Injury	2	31
2012/2013	1	SPR4912	Gymnastic	2	35
2008/2009	1	SPR1852	Anatomy	2	25
2008/2009	1	SPR4912	Gymnastic	2	18
2007/2008	2	SPR1822	Motor Learning	2	18
2007/2008	2	SPR1832	Outdoor Education	2	18
2007/2008	2	SPR3802	Sports Injuries	2	29
2007/2008	1	SPR1852	Anatomy	2	27
2007/2008	1	SPR4802	Sport Science Seminar	2	45
2007/2008	1	SPR4912	Gymnastic	2	45
2006/2007	2	SPR1832	Outdoor Education	2	39
2006/2007	2	SPR3802	Sports Injuries	2	41
2006/2007	2	SPR4812	Sport Sociology	2	11
2006/2007	1	SPR1852	Anatomy	2	39
2006/2007	1	SPR4882	Sport Nutrition	2	17
2005/2006	2	SPR1832	Outdoor Education	2	33
2005/2006	2	SPR3802	Sports Injuries	2	12
<b>Total credits</b>				<b>212</b>	

#### POSTGRADUATES

Semester	Sem	Subject Code	Subject	Credit Hour	No of Student
2024/2025	1	MHPH2233	Treatment and Rehabilitation Sports Injuries	3	3
2023/2024	2	MHPH2233	Treatment and Rehabilitation Sports Injuries	3	3
2019/2020	2	MPPU1060	Research Methods and Data Analysis	0	15
2019/2020	1	MPPU1060	Research Methods and Data Analysis	0	22
2018/2019	2	MPPU1060	Research Methods and Data Analysis	0	16
<b>Total credits</b>				<b>3</b>	<b>56</b>

## SUPERVISION

Summary	
Main Supervisor – PhD (Graduated)	1
Co-Supervisor – PhD (Graduated)	3
Main Supervisor – PhD (Ongoing)	8
Co-Supervisor – PhD (Ongoing)	0
Main Supervisor- Master by Research (Graduated)	1
Main Supervisor- Master by Research (On-Going)	1
Co-Supervisor- Master by Research (Graduated)	1
Co-Supervisor- Master by Research (On-Going)	-
Main Supervisor- Master by Taught Course (Graduated)	-
Main Supervisor- Master by Taught Course (On-Going)	-
Main Supervisor- Master by Mixed-Mode (Graduated)	-
Main Supervisor- Master by Mixed-Mode (On-Going)	-

### PhD Student

No.	Name	Status (Graduated/ On-Going)	Title	Roles of Supervision
1.	Maryam Abdullah	Graduated (2024)	The Promotion Of Physical Activity Among University Students In The Kingdom Of Saudi Arabia	Main Supervisor
2.	Zayed Mohammad Altowerqi	Graduated (2021)	Physiological And Health Condition For Former Athletes	Co- Supervisor
3.	Berto Apriyano	Graduated (2024)	Modul Aktiviti Fizikal Dalam Pembelajaran Pendidikan Jasmani Olahraga Kesehatan Bagi Tujuan Kecergasan Fizikal Dan Kesehatan	Co-Supervisor
4.	Lei Mengmeng	Graduated (2025)	Scen Lifestyle In Relation To Physical Activity And Mental Health Status From Behavior Change Perspective	Co- Supervisor
5.	Bai Dan	Graduated (2025)	Physical Activity, Academic Self-Efficacy, And Depression In Shanghai Junior High School Students	Main Supervisor
6.	Xu, Maoqiang	On-Going (Thesis Correction)	A Study Of Exercise Rehabilitation In Elderly People With Mild Disabilities In Nursing Home	Main Supervisor
7.	Agam Akhmad Syaukani	On-Going	Traditional Sporting Games Module In Physical Education Towards Junior High School Pupils In Indonesia	Main Supervisor
8.	Abdul Zahin Aman	On-Going	Kerangka Taktikal Cara Permainan Pasukan Bola Sepak Remaja Malaysia	Main Supervisor
9.	Zhao Zishan	On-Going	Understanding Patterns And Socialization Factors In Physical Education Class Selection: A Model For Chinese University Students	Main Supervisor

10.	Shen Ting Ting	On-Going	Study on the Evolution of China's National Fitness Policy --A Study Based on Policy Texts	Main Supervisor
11.	Huang Jilin	On-Going	Integration of Traditional Martial Arts in Physical Education Programs: Benefits and Challenges	Main Supervisor
12.	Nur Farhah Ilyani Muzaini	On-Going	Foot Arch Development and Gross Motor Skill Proficiency in Preschoolers: Early Indicators and Predictors of Musculoskeletal Abnormalities	Main Supervisor

### ***MPhil. Student***

No.	Name	Status (Graduated/ On-Going)	Title	Mode (Research / Taught-course/ Mixed Mode)	Roles of Supervision
1.	Mohamed Rafi Bin M S Solaiman	Graduated (2022)	Perisian Raf Smart Training Plan Bagi Menghasilkan Periodisasi Sukan	Research	Main Supervisor
2.	Muhammad Najib Bin Abdullah	Graduated (2023)	Assessment Of Badminton Player Level Based On Reactive-Agility Performance Using Machine Learning	Research	Co-Supervisor

### **UTM POSTGRADUATE EXAMINATION/ VIVA**

Summary	
PhD External Examiner	-
PhD Internal Examiner	3
MSc. External Examiner	-
MSc. Internal Examiner	3
Fast track student examiner – qualifying exam examiner	3
Others Examiner	PHD proposal – 16 Master proposal – 3

### **Phd Internal Examiner**

NO	ROLE	STUDENTS NAME	TITLE	YEAR
1.	Examiner	Xiao Xueyan	Body Satisfaction, Life Satisfaction, and Sports Attitude among Retired Female Athletes	2025
2.	Examiner	Noorasikin Ismail	Pengurusan Keselamatan Aktiviti Luar dan Berisiko	2025
3.	External	Chen Zhiwei	Impact Of Sports Consumption Decisions Of Different Gender	2025

			Groups In Commercial Fitness Clubs In The Post Epidemic Era	
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#### Msc Internal Examiner

NO	ROLE	STUDENTS NAME	TITLE	YEAR
1.	Examiner	Nurul Nadiah Ahmad Sha'ari Azyze	Evaluation Of Talk Test Method During Modified Bruce Protocolexercise For Exercise Intensity Monitoring In Cardiacrehabilitation	2024
2.	Examiner	Faezah Noor Musitar	Penilaian Kendiri Pelajar Dari Aspek Aspirasi Murid Dalam Pentaksiran Aktiviti Jasmani, Sukan Dan Kokurikulum	2018
3.	Examiner	Mohammad Asraf Mohd Nor	Kesan Aktiviti Fizikal Dan Puasa Terhadap Indeks Obesiti Sebagai Parameter Untuk Menilai Sindrom Metabolik	2017
4.	Proposal Examiner	Nurnajwa Syuhada Binti Che Abdul Talib	Perkembangan Kemahiran Motor Halus Prasekolah Dalam Penulisan Aksara Hijaiyah Jawi	2022
5.	Proposal Examiner	Siti Noraishah Halim	The Relationship Between Physical Performance And Performance Analysis Of Recreational Climber	2020
6.	Proposal Examiner	Redha Fahmi Radzuan	Talent Identification System On Malaysian Selected Sports Based On Current Sports Demand	2016

#### Fast track student examiner

NO	ROLE	STUDENTS NAME	TITLE	YEAR
1.	Qualifying Exam Examiner	Noor Azilah Aziz	Pola Turutan Pergerakan Pertahanan Pemain Bola Jaring Elit Dan Remaja Malaysia	2025
2.	Qualifying Exam Examiner	Nur Arissha Shafiqah Mohd Aris	Pembangunan Prototaip Sistem Pangkalan Data Pentaksiran Bilik Darjah (Pbd) Bagi Guru-Guru Pendidikan Jasmani Dan Kesihatan Di Sekolah (Eduassesshub)	2024
3.	Qualifying Exam Examiner	Geetha A/P Paramesvaran	Prestasi Kemahiran Motor Halus (Menulis) Huruf Asas Bahasa Tamil Dalam Kalangan Pelajar Prasekolah	2024

## Phd Proposal Examiner

No	Role	Students Name	Title	Year
1	Proposal Examiner	Zhu Chengcheng	Changes On Approach Bias Towards Food Cues And Electrophysiological Characteristics Of Obese Female College Students After Aerobic Exercise Intervention	2025
2	Proposal Examiner	Qi Liang	Intervention effects of unilateral resistance training on lower extremity asymmetry in female collegiate Latin dancers	2025
3	Proposal Examiner	Mimi Guo	A Study on The Effect of Core Stability Training on The Motor Characteristics of Rotational Technique in Latin Dancers	2025
4	Proposal Examiner	Zhu Jing	The Impact of Mindfulness Training on Trait Mindfulness, Flow State, Exercise Values, And Exercise Behaviors In College Students In China	2025
5	Proposal Examiner	Jiang Congmeng	Effects Of Offering Physical Education On Postgraduate Students' Health In China	2024
6	Proposal Examiner	Wang Ping	Improvement Of Talent Identification Method For 17-Year-Old Male Badminton Players In Guangdong Province	2024
7	Proposal Examiner	Xiao Xueyan	Body Satisfaction, Life Satisfaction, And Attitudes Toward Sports Among Retired Female Athletes	2023
8	Proposal Examiner	Wang Dagang	The Effects Of Combined Exercise On Body Composition, Glycolipid Metabolism And Strength Intervention In Women With Obesity	2023
9	Proposal Examiner	Wang Yang	Effects Of Aerobics Exercises On Physical And Mental Health Among Obese College Students	2023
10	Proposal Examiner	Fitry Azrul Bin Nor Saafri	Netball Reactive Agility Profiling Using Life-Size Reactive Agility Test(Lsrat)	2022
11	Proposal Examiner	Shi Shaowei	Blended Learning Approach On Core Competencies In	2022

			Football Specialized Courses Students For Physical Education Majors	
12	Proposal Examiner	Alkuhaili Wadee Abdullah M	The Barrier And Intention Of Fencing Athletes Toward Participation In Competitive Sport In Saudi Arabia	2020
13	Proposal Examiner	Noorasikin Ismail	Pengurusan Keselamatan Aktiviti Luar Dan Berisiko	2020
14	Proposal Examiner	Sameer Mohammed K Sayyd	Sports Activities Among Universities Student In Saudi Arabia	2019
15	Proposal Examiner	Moayed Abdullah Alsaye	Decision Making Errors Minimization Using Module Among Saudi Referees	2019
16	Proposal Examiner	Abdulrahman Nasser Alshahrany	Improve Individual Motor Skills Among Hearing Impairment In Children By Using Technology In Saudi Arabia	2018

#### Msc Proposal Examiner

No	Role	Students Name	Title	Year
1.	Proposal Examiner	Nurnajwa Syuhada Binti Che Abdul Talib	Perkembangan Kemahiran Motor Halus Prasekolah Dalam Penulisan Aksara Hijaiyah Jawi	2022
2.	Proposal Examiner	Siti Noraishah Halim	The Relationship Between Physical Performance And Performance Analysis Of Recreational Climber	2020
3.	Proposal Examiner	Redha Fahmi Radzuan	Talent Identification System On Malaysian Selected Sports Based On Current Sports Demand	2016

#### PUBLICATIONS

Summary	
ISI Article/Journal	5 (1 early access)
Scopus Article/Journal	19
Indexed Conference Proceedings	3
Excellence In Research For Australia (ERA)	1
Non-Indexed Article/Journal	17
Non- Indexed Conference Proceedings	86
Proceeding	4
Original Book	8
Book Chapter	12
Article in Mass Media	8
Classified/Technical /Expert Report	-
Policy Paper	-

NO	ARTICLE TITLE	JOURNAL TITLE	ISSN	VOL	ISSUES	PAGE	PUBLICATION YEAR	IF	TYPE OF PUBLICATION	CATEGORY OF PUBLICATION	QUARTILE RANKING
1	Assessment of the determinants affecting the promotion of physical activity among university students in Saudi Arabia	Physical Education of Students	23087250	29	2	114-123	2025	0.8	Article in Journal	Web of Science	Q3
2	The role of physical activity, social support, and emotional intelligence on self-esteem and depression in Shanghai junior high school students	Educational Psychology	14695820	45	7	808-824	2025	3.0	Article in Journal	Web of Science	Q1
3	Physical Activity, Academic Self-Efficacy, and Depression among 9th-grade Students in Shanghai	Perceptual and Motor Skills	00315125				2025	1.4	Article in Journal (early access)	Web of Science	Q4
4	Mediating Role Of Body Mass Index On The Relationship Between Physical Activity And Physical Fitness Among Junior High School Students In Shanghai	Preventive Medicine Reports	22113355	41	-	102718	2024	2.5	Article in Journal	Web of Science	Q2

5	Exploring the Common Factors that Influence Physical Activity, Academic Self-efficacy, and Depression among Junior High School Students: A Literature Review	Health Behavior and Policy Review	23264403	10	5	1401-1410	2023	0.5	Article in Journal	Web of Science	Q4
6	Endurance of Leg Muscle Strength And Endurance Of Arm Muscle Strength To The Ability Of Swimming Speed 200 Meters Breaststroke	Retos	19882041	62	-	327-334	2025	-	Article in Journal	Scopus	
7	Application of A System Dynamics Model in Forecasting the Effect of Self-care Ability on the Quality of Life of Mildly Disabled Elderly in Nursing Homes	Journal of Client-Centered Nursing Care	24764124	10	1	45-54	2024	-	Article in Journal	Scopus	-
8	Analysis Of Factors Affecting Exercise Rehabilitation Of Mildly Disabled Elderly In Nursing Homes	Fizjoterapia Polska	16420136	24	5	328-333	2024	-	Article in Journal	Scopus	-

9	Designing the Right Games Strategy: Evidence-Based Technology of Teaching Games for Understanding (TGfU) Model	Lecture Notes in Bioengineering	2195271X	-	-	217-277	2024	-	Conference proceedings in Journal	Scopus	-
10	Physical Fitness Levels Of Junior High School Students In Different Regions: Highlands, Lowlands, And Islands	Journal Of Physical Education And Sport	2247-8051	23	12	3378-3384	2023	-	Article in Journal	Scopus	-
11	Investigating Students' Understanding And Cultural Competence Towards Traditional Sporting Games Using Anova Statistic In Higher Education: A Case Study	Journal Of Physical Education And Sport	2247-8051	23	12	3461-3467	2023	-	Article in Journal	Scopus	-
12	Conceptual Framework Of Applied Holistic Education In Physical Education And Sports: A Systematic Review Of Empirical Evidence	Physical Education Theory And Methodology	1993-7989	23	5	794-802	2023	-	Article in Journal	Scopus	-
13	Evaluation Of Rehabilitation Service Capacity For Mildly Disabled Institutionalized	Middle East Journal Of Rehabilitation And Health Studies	24234451	10	3	e133871	2023	-	Article in Journal	Scopus	-

	Elderly - An Analysis Based On The Hierarchical Analysis And Entropy Method										
14	The Reliability and Validity of React-Run Agility Test Assessment System	Lecture Notes in Bioengineering	2195271X	-	-	177-186	2023	-	Conference Proceeding in Journal	Scopus	-
15	Physical Activity Module In Health Sports Physical Education Learning On Physical Fitness And Health	International Journal Of Human Movement And Sports Sciences	23814381	10	4	716-722	2022	-	Article in Journal	Scopus	-
16	Effect Of Virtual Physical Exercise On Mental Health Status During The Covid19 Pandemic	Journal Of Physical Education And Sport	22478051	21	4	2226-2235	2021	-	Article in Journal	Scopus	-
17	Prenatal testosterone and sporting success among Malaysian rugby athletes	Indian Journal of Public Health Research and Development	09760245	10	4	1474-1479	2019	-	Article in Journal	Scopus	-
18	The Change Of Direction Speed Performance Of Hearing-Impaired Netball Players	Man in India	00251569	97	13	195-203	2017	-	Article in Journal	Scopus	-
19	Muscle Activity During Lunge For Fencers	Man in India	00251569	97	13	153-158	2017	-	Article in Journal	Scopus	-
20	The Efficiency Of Babywearing In Terms Of Perceived Exertion While Walking	Man in India	00251569	97	19	51-57	2017	-	Article in Journal	Scopus	-
21	Understanding The Factors That Influence Physical Activity Promotion: A	International Journal Of Academic Research In	2226-6348	12	2	2167-2183	2023	-	Article in Journal	Excellence In Research For Australia (ERA)	-

	Systematic Literature Review	Progressive Education And Development									
22	Compatibility Of The 'Fun And Fit With Baby Exercise Programme' For Mothers	Malaysian Journal Of Movement Health & Exercise	2600-9455	12	1	8-13	2023	-	Article in Journal	Non Citation-Indexed	
23	Keberkesanan Latihan Judo Melalui Teknik Kata-Gatagame Dankesa-Gatagame Terhadap Individu Paraplegia Cerebral Palsy	Jurnal Sains Sukan Dan Pendidikan Jasmani (Special Issue)	22321918	11	1	1-7	2022	-	Article in Journal	Non Citation-Indexed	
24	Virtual Physical Exercise Influences On Mental Health Status During Covid-19 Outbreak: Cross-Sectional Survey Study	E-Bangi Journal Of Social Sciences And Humanities	1823-884x	18	8	213-219	2021	-	Article in Journal	Non Citation-Indexed	-
25	Perlaksanaan Temu Duga Dalam Talian Bagi Calon Ijazah Sarjana Muda Pendidikan (ISMP) UTM	Jurnal Sains Insani	0127-7871	6	1	227-231	2021	-	Article in Journal	Non Citation-Indexed	-
26	Are Former Athletes Protected Against Obesity After Retirement?	Indian Journal Of Public Health Research & Development	09760245	11	2	1883-1989	2020	-	Article in Journal	Non Citation-Indexed	-
27	Metabolic Syndrome And Its Components In Former Athletes: A Review	International Journal Of Psychosocial Rehabilitation	14757192	24	6	8819-8835	2020	-	Article in Journal	Non Citation-Indexed	-
28	Prenatal Testosterone And Sports Success	Indian Journal Of Public Health	09760245	10	4	1474 – 1479	2019	-	Article in Journal	Non Citation-Indexed	

	Among Malaysian Rugby Athletes	Research And Development									
29	Keperluan Periodisasi Kepada Jurulatih Hoki Di Politeknik Malaysia	Journal On Technical And Vocational Education (JTVE)	01280821	4	3	1-10	2019	-	Article in Journal	Non Citation-Indexed	-
30	Kesesuaian Sudut Kayu Hoki Ketika Melakukan Overhead Pass	Jurnal Pendidikan Nusantara	22899375	-	-	97-110	2016	-	Article in Journal	Non Citation-Indexed	-
31	Dominasi Tangan Terhadap Kekuatan Gengaman Dan Aktiviti Otot Di Kalangan Guru Pelatih Pendidikan Jasmani	Jurnal Pendidikan Nusantara	22899375	-	-	201-210	2016	-	Article in Journal	Non Citation-Indexed	-
32	Static Postural Control Profile Of Patellofemoral Pain Syndrome (PFPS) And Healthy Athlete.	Journal Of Sports Science,	1466-447X	32	Suppl 2	S18-S21	2014	-	Article in Journal	Non Citation-Indexed	-
33	Perbezaan Penggunaan Kaedah Babywearing Terhadap Penggunaan Tenaga	Journal Of Physical Activity, Sports & Exercise	22895817	2	2	11-14	2014	-	Article in Journal	Non Citation-Indexed	-
34	Perbezaan Kaedah Baby Wearing Terhadap Penggunaan Oksigen (Vo2)	Journal Of Physical Activity, Sports & Exercise	22895817	2	2	21-26	2014	-	Article in Journal	Non Citation-Indexed	-
35	Chase Trainer Exercise Program In Athlete With Unilateral Patellofemoral Pain Syndrome (PFPS)	International Journal Of Medical, Pharmaceutica I Science And Engineering	1307-6892	-	8	537-542	2013	-	Article in Journal	Non Citation-Indexed	-

36	The Effects Of Computerized Neuromuscular Control Training On Athlete's Dynamic Postural Control Ability	Journal Of Physical Activity, Sports & Exercise	22895817	1	1	21-25	2013	-	Article in Journal	Non Citation-Indexed	-
37	Fundamental Movement Instructions Intervention On Gross Motor Group With Learning Difficulties.	Journal Of Sports Science And Technology	15137201	10	2s	205-208	2010	-	Article in Journal	Non Citation-Indexed	-
38	The Effects Of Activity Related Fatigue On Athlete's Dynamic Postural Control Ability.	Journal Of Sports Science And Technology	15137201	10	2s	261-264	2010	-	Article in Journal	Non Citation-Indexed	-

NO	TYPE	TITLE	YEAR	AUTHOR
<b>INDEXED PROCEEDINGS/ CONFERENCE</b>				
1	Proceedings of the 2nd International Conference on Innovation and Technology in Sports	Designing the Right Games Strategy: Evidence-Based Technology of Teaching Games for Understanding (TGfU) Model	2024	Diyana Zulaika Abdul Ghani, Zainal Abidin Zainuddin, Asha Hasnimy Mohd Hashim, Halijah Ibrahim & Ani Mazlina dewi Mohamed
2	Innovation and Technology in Sports. Lecture Notes in Bioengineering	The Reliability and Validity of React-Run Agility Test Assessment System	2023	Muhammad Najib Abdullah, Che Fai Yeong, Asha Hasnimy Mohd Hashim, Eileen Lee-Ming Su, Kang Xiang Khor, C . Yang, Haohui Huang & Hisyam Abdul Rahman
3	The International Virtual Conference On Human Resource Development (ICHRD 2021)	Virtual Physical Exercise Influences On Mental Health Status During Covid-19 Outbreak: Cross-Sectional Survey Study	2021	Diyana Zulaika Abdul Ghani, Halijah Ibrahim, Zainal Abidin Zainuddin & Asha Hasnimy Mohd Hashim
<b>NON-INDEXED PROCEEDINGS/ CONFERENCE</b>				
1	Seminar Antarabangsa Pemerksasaan Wanita, Keluarga dan Masyarakat 2024	Status Komposisi Badan dan Prestasi Fizikal Wanita Dewasa Menyertai Program Aktiviti Senaman dalam Komuniti	2024	Asha Hasnimy Mohd Hashim, Halijah Ibrahim and Diyana Zulaika Abdul Ghani
2	Seminar Antarabangsa Pemerksasaan Wanita, Keluarga dan Masyarakat 2024	Tahap Pengetahuan Pendidikan Reproduksi dan Seksualiti dalam kalangan Wanita	2024	Diyana Zulaika Abdul Ghani, Asha Hasnimy Mohd Hashim, Adjah Naqkiah Mazlan, Nur Fatimah Raimi dan Halijah Ibrahim
3	Seminar Antarabangsa Pemerksasaan Wanita, Keluarga dan Masyarakat 2024	Status Keseimbangan Statik dan Dinamik: Implikasi terhadap Kemahiran Motor Kanak-Kanak Prasekolah	2024	Halijah Ibrahim, Wan Isqandar Wan Nor, Aida Khairunnisa Mohd Fazar, Noor Azilah Aziz, Asha Hasnimy Mohd Hashim, Diyana Zulaika Abdul Ghani, dan Zainal Abidin Zainuddin
4	Academia Learning Innovation (NALI) 2024 Exhibition & Competition	Innovative Pedagogical Strategies in Health and Fitness Courses: Implementing the Sri Pulai Sihat dan Cergas Program	2024	Asha Hasnimy Mohd Hashim, Halijah Ibrahim and Diyana Zulaika Abdul Ghani
5	14th Asia Conference on Kinesiology and Sport Science & 10th International Conference on Movement, Health, and Exercise (MoHE)	Comparative analysis of on-field tactical behaviour in Malaysian Elite and State-level youth soccer players	2024	Asha Hasnimy Mohd Hashim, Muhammad Naguib Helmi Mohd Kamar, Izwyn Zulkapri, Halijah Ibrahim and Diyana Zulaika Abdul Ghani
6	The 6th Undergraduate Research Conference URC 2023	Tinjauan Terhadap Video Proptotaip Program Senaman Dun And Fit With Babywearing Exercise	2024	Asha Hasnimy Mohd Hashim, Nur Husna Insyirah Ramli

7	The 6th Undergraduate Research Conference URC 2023	Kesahan Dan Kebolehppercayaan Hubungan Tempoh Masa Skrin Dengan Kecergasan Fizikal Dalam Kalangan Belia	2024	Asha Hasnimy Mohd Hashim and Nur Husna Insyirah ramli
8	The 6th Undergraduate Research Conference URC 2023	Hubungan Penggunaan Aplikasi Active Arcade Terhadap Penglibatan Aktiviti Fizikal	2024	Asha Hasnimy and Cassandra a/p Johnson
9	2023 World Physical Education Alliance International Conference	Physical Activity, Academic Self Efficacy, And Depression in Junior High School Students: A Proposed Conceptual Framework	2023	Bai Dan and Asha Hasnimy Mohd Hashim
10	Seminar Kebangsaan Majlis Dekan Pendidikan Universiti Awam 2021	Trend Pencapaian Hasil Pembelajaran Program (PLO) Melalui Pembelajaran Dalam Talian	2021	Diyana Zulaika Abdul Ghani, Halijah Ibrahim, Asha Hasnimy Mohd Hashim dan Zainal Abidin Zainuddin
11	International Sports, Health And Emerging Technologies Summit Conference (ISHE-SC 2021)	Factors Influence Football Game: A Systematic Reviews	2021	Abdul Zahin Aman, Asha Hasnimy Mohd Hashim and Diyana Zulaika Abdul Ghani
12	The International Virtual Conference On Human Resource Development (ICHRD 2021)	Virtual Physical Exercise Influences on Mental Health Status During Covid-19 Outbreak: Cross-Sectional Survey Study	2021	Diyana Zulaika Abdul Ghani, Halijah Ibrahim, Asha Hasnimy Mohd Hashim dan Zainal Abidin Zainuddin dan Mohd Rustam Mohd Rameli
13	Seminar Kebangsaan Majlis Dekan Pendidikan Universiti Awam Malaysia (MEDC 2020)	Perlaksanaan Temuduga Dalam Talian Bagi Calon Ijazah Sarjana Muda Pendidikan (ISMP) UTM	2020	Asha Hasnimy Mohd Hashim, Halijah Ibrahim, Norlita Hassan and Norhila Mohd Zait
14	Seminar Kebangsaan Majlis Dekan Pendidikan Universiti Awam Malaysia (MEDC 2020)	Perbandingan Program Sarjana Pendidikan Campuran Di Beberapa Universiti Awam Malaysia	2020	Nor Hasniza Ibrahim, Norazrena Abu Samah, Fatin Aliah Phang Abdullah, Azlina Mohd Kosnin and Asha Hasnimy Mohd Hashim
15	New Academia Learning Innovation (NALI2020) Future Ready Educators Exhibition And Competition 2020	Continuos Improved Process of Outcome Based Education Implementation: Psychomotor Learning Activities	2020	Diyana Zulaika Abdul Ghani, Halijah Ibrahim, Zainal Abidin Zainuddin & Asha Hasnimy Mohd Hashim
16	3rd International Conference on Education Studies (ICES 2019)	Fine Motor Skills Profile of Preschool Children Using The Bruininks-Oseretsky Test Of Motor Proficiency	2019	Halijah Ibrahim, Asha Hasnimy Mohd Hashim. Zainal Abidin Zainuddin, Diyana Zulaika Abdul Ghani dan Muhamad Hafiz Ismail

17	3rd International Conference on Education Studies (ICES 2019)	Effects Of Physical Activity Towards Children Brainwave During Focus-Attention Tasks	2019	Diyana Zulaika Abdul Ghani, Halijah Ibrahim, Asha Hasnimy Mohd Hashim. Zainal Abidin Zainuddin dan Aisyah Ahmad Shafi
18	3rd International Conference on Education Studies (ICES 2019)	Exercise Prescription and Glycemic Control in Patients with Type 2 Diabetes Mellitus	2019	Asha Hasnimy Mohd Hashim. Zainal Abidin Zainuddin, Halijah Ibrahim, and Diyana Zulaika Abdul Ghani
19	Sustainable And Integrated Engineering International Conference (SIE 2019)	Problem Based Learning Approach on Cricket Batting Skill Acquisition	2019	Asha Hasnimy Mohd Hashim, Halijah Ibrahim Diyana Zulaika Abdul Ghani, Zainal Abidin Zainuddin, Noriza Milan dan Maizal Nordin
20	International Conference Of Physical Education	Physical Fitness of Student at The Junior High School	2019	Berto Arpiyana, Zainal Abidin Zainuddin and Asha Hasnimy Mohd Hashim
21	National Conference In Sports & Co-Curriculum (Nasco@PTSB2019)	Keperluan Periodisasi Kepada Jurulatih Hoki Di Politeknik Malaysia	2019	Mohamed Rafi M S Solaiman and Asha Hasnimy Mohd Hashim
22	New Academia Learning Innovation 2019	Fun And Fit Exercise with Baby: Suitability of The Theme-Based Exercise Program for Postpartum Mother	2019	Halijah Ibrahim, Asha Hasnimy Mohd Hashim Zainal Abidin Zainuddin & Diyana Zulaika Abdul Ghani
23	Kolokium Antarabangsa Pasca Siswazah Sains Sukan, Kokurikulum, Pendidikan Jasmani Dan Kesihatan UTM-UNP	Penggunaan Bowling Machine Terhadap Konsistensi Fasa Backlift Kemahiran Batting Pemain Kriket	2019	Asha Hasnimy Mohd Hashim, Maizal Nordin & Noriza Milan
24	NALI Exhibition And Competition 2018	Final Year Project and Its Impacts to Student Engagement and Success	2018	Asha Hasnimy Mohd Hashim, Halijah Ibrahim, Zainal Abidin Zainuddin & Diyana Zulaika Abdul Ghani
25	2nd International Symposium On Expertise For Engineering Design 2017 (ISEED' 2017)	The Effects of Difference Methods of Babywearing on The Human Posture	2017	Asha Hasnimy Mohd Hashim, Halijah Ibrahim, Zainal Abidin Zainuddin & Diyana Zulaika Abdul Ghani
26	11th International Sports Science Conference 2017 (ISSC 2017)	Effects Of Infant Carrying on Walking Posture	2017	Asha Hasnimy Mohd Hashim, Halijah Ibrahim Diyana Zulaika Abdul Ghani, Zainal Abidin Zainuddin and Tiang Siew Ping

27	11th International Sports Science Conference 2017 (ISSC 2017)	Cluster Analysis Among Hearing Impaired and Non-Hearing-Impaired Netball Players Using Change of Direction Speed (Cods) Test Performance	2017	Halijah Ibrahim, Asha Hasnimy Mohd Hashim, Diyana Zulaika Abdul Ghani. Zainal Abidin Zainuddin and Nur Ezzaini Mohd Nor
28	11th International Sports Science Conference 2017 (ISSC 2017)	Tactical Strategy Indicators in Drive Stroke Performance Among Malaysia Back Up Squash Players	2017	Diyana Zulaika Abdul Ghani , Zainal Abidin Zainuddin, Halijah Ibrahim and Asha Hasnimy Mohd Hashim
29	Seminar Majlis Dekan Pendidikan Universiti Awam 2017	Pencapaian Hasil Pembelajaran (PLO) Dan Objektif Pembelajaran Program (PEO) Prasiswazah Sains Sukan Di Fakulti Pendidikan, Utm	2017	Asha Hasnimy Mohd Hashim, Zainal Abidin Zainuddin, Halijah Ibrahim Diyana Zulaika Abdul Ghani & Hafizah Harun
30	World Congress Of Performance Analysis Of Sport Xi	Tactical Strategy on Landing Areas and Shots Outcomes by Malaysia Top Player In International Squash Competition.	2016	Halijah Ibrahim, Diyana Zulaika Abdul Ghani , Zainal Abidin Zainuddin, and Asha Hasnimy Mohd Hashim
31	The 2nd International Conference On Physical Education, Health And Sport Science (ICHEHSS) 2016	Kajian Awalan Prestasi Pergerakan Motor Halus Dan Motor Kasar Kanak-Kanak Prasekolah	2016	Halijah Ibrahim, Siti Khadijah Lokman, Zainal Abidin Zainuddin, and Asha Hasnimy Mohd Hashim
32	The 2nd International Conference On Physical Education, Health And Sport Science (ICHEHSS) 2016	Exploring The Associated Movement Performance Among Pre-Primary School Children	2016	Halijah Ibrahim, Mazura Mashur, Zainal Abidin Zainuddin & Asha Hasnimy Mohd Hashim
33	The 2nd International Conference On Physical Education, Health And Sports Science 2016	The Reliability of Balance Trainer (BT3) For the Postural Stability Measurement	2016	Asha Hasnimy Binti Mohd Hashim & Lee Ai Choo
34	3rd International Education Postgraduate Seminar 2016 (3rd IEPS 2016)	Aktiviti Otot Semasa Melakukan Lunge Antara Atlet Lawan Pedang Foil Dan Epee	2016	Muhammad Faeiz Ismail and Asha Hasnimy Mohd Hashim
35	The 2nd International Conference On Physical Education, Health And Sport Science (ICHEHSS) 2016	Effects Of Push-Up with Different Hand Opening to Muscle Activation Using EMG	2016	Zainal Abidin Zainuddin, Razmal Shapie, Halijah Ibrahim, , and Asha Hasnimy Mohd Hashim
36	2nd International Education Postgraduate Seminar (IEPS 2015)	Kesesuaian Sudut Kayu Hoki Ketika Melakukan Kemahiran Overhead Pass	2015	Halijah Ibrahim, Mohd Hilmi Haidar & Asha Hasnimy Mohd Hashim
37	4th International Seminar On Quality And Affordable Education (ISQAE 2015)	Comparison Of Anxiety Among Students Competing in Sports Activities Using Three Different Inventories	2015	Zainal Abidin Zainuddin, Nor Hafeza Anuar, Halijah Ibrahim & Asha Hasnimy Mohd Hashim

38	4th International Seminar On Quality And Affordable Education (ISQAE 2015)	Hand Dominance On Grip Strength and Muscle Activity Among Physical Education Pre-Service Teacher	2015	Norafarahain Abd Razak, Asha Hasnimy Mohd Hashim, Halijah Ibrahim, & Zainal Abidin Zainuddin
39	4th International Seminar On Quality And Affordable Education (ISQAE 2015)	Talent Identification Scenario in Malaysia	2015	Redha Fahmi Radzuan, Zainal Abidin Zainuddin, Halijah Ibrahim, Asha Hasnimy Mohd Hashim & Diyana Zulaika Abdul Ghani
40	1st International Conference On Sustainable Health Development	The Effects of Neuromuscular Control Training Program on Perceived Pain Level of Patellofemoral Pain Syndrome Athlete	2015	Asha Hasnimy Mohd Hashim & Lee Ai Choo
41	2nd International Education Postgraduate Seminar (IEPS)	Penilaian Kendiri Pelajar Terhadap Aspirasi Murid Menerusi Penglibatan Dalam Aktiviti Kokurikulum Badan Beruniform,	2015	Faezah Noor Musitar, Halijah Ibrahim & Asha Hasnimy Mohd Hashim
42	2 <sup>nd</sup> International Education Postgraduate Seminar (IEPS)	Kemahiran Hayat (Life Skills) Melalui Sukan Sekolah (1M1S) Dalam Kalangan Murid di Malaysia: Kertas Cadangan	2015	Zali A. Rahman, Halijah Ibrahim, Asha Hasnimy Mohd Hashim
43	4th International Seminar On Quality And Affordable Education (ISQAE 2015)	Comparison Of Anxiety Among Students Competing In Sports Activities Using Three Different Inventories	2015	Halijah Ibrahim, Zainal Abidin Zainuddin, Asha Hasnimy Mohd Hashim & Nor Hafeza Anuar
44	British Association of Sport and Exercise Sciences Conference (BASES)	Static Postural Control Profile of Patellofemoral Pain Syndrome (PFPS) and Healthy Athlete	2014	Asha Hasnimy Mohd Hashim, Halijah Ibrahim, Zainal Abidin Zainuddin & Lee Ai Choo
45	10th International Sports Science Conference (ISSC) 2014	Perbezaan Kaedah Baby Wearing Terhadap Penggunaan Oksigen (Vo2)	2014	Asha Hasnimy Mohd Hashim
46	10th International Sports Science Conference (ISSC) 2014	Perbezaan Penggunaan Kaedah Babywearing Terhadap Penggunaan Tenaga	2014	Asha Hasnimy Mohd Hashim
47	Konvensyen Antarabangsa Jiwa Pendidik 2014	Elemen Pemarkahan Kokurikulum Pelajar: Ulasan Awalan	2014	Halijah Ibrahim, Zurina Md Yusof, Muhazian Md Noor, Asha Hasnimy Mohd Hashim & Zainal Abidin Zainuddin
48	10th International Sports Science Conference (ISSC) 2014	Developing A New Fundamental Movement Skills Test: Identifying Construct, Elements and Selection of Items	2014	Siti Khadijah Lokman, Asha Hasnimy Mohd Hashim, Halijah Ibrahim & Zainal Abidin Zainuddin

49	10th International Sports Science Conference (Issc) 2014	Step Test and Heart Rate	2014	Nurhidayah Ilyas, Halijah Ibrahim & Asha Hasnimy Binti Mohd Hashim
50	10th International Sports Science Conference (ISSC) 2014	The Special Judo Fitness Test (SJFT) Performance of Malaysian Judokas	2014	Mohd Nazri Ahmad Fauzi, Halijah Ibrahim, Zainal Abidin Zainuddin, Asha Hasnimy Mohd Hashim & Noor Maizura Zainal
51	2nd International Seminar On Quality & Affordable Education ISQAE 2013	Jenis Genggaman Pensel Dan Prestasi Kemahiran Melakar Dikalangan Kanak-Kanak Normal Dan Bermasalah Pembelajaran: Pemerhatian Awalan Intrumen CEKAP	2013	Siti Sakinah Ab Jalil, Siti Khadijah Lokman, Asha Hasnimy Mohd Hashim, Zainal Abidin Zainuddin & Halijah Ibrahim
52	2nd International Seminar On Quality & Affordable Education ISQAE 2013	Kajian Awalan Kebolegunaan Instrumen Kemahiran Asas Pergerakan (CEKAP) Dikalangan Kanak-Kanak Prasekolah	2013	Siti Khadijah Lokman, Asha Hasnimy Mohd Hashim, Halijah Ibrahim & Zainal Abidin Zainuddin
53	4th International Graduate Conference On Engineering, Science And Humanities (IGCESH2013)	The Effects of Neuromuscular Control Training on Athlete's Limit Of Stability	2013	Asha Hasnimy Mohd Hashim & Lee Ai Choo
54	International Conference On Sport, Exercise And Health Science	Chase Trainer Program in Athlete with Unilateral Patellofemoral Pain Syndrome	2013	Asha Hasnimy Mohd Hashim & Lee Ai Choo
55	9th International Sports Science Conference (ISSC2012)	The Effects of Computerized Neuromuscular Control Training (CNCT) On Athlete's Dynamic Postural Control Ability	2012	Asha Hasnimy Mohd Hashim & Lee Ai Choo
56	1st International Seminar on Quality and Affordable Education 2012,	Home Education (HE): A Feasibility Review On The Malaysian Education	2012	Zainuddin Abu Bakar, Asha Hasnimy Mohd Hashim, Halijah Ibrahim, Zainal Abidin Zainuddin & Fakrul Anwar Khalil.
57	1st International Seminar on Quality and Affordable Education 2012,	Increasing Gross Motor Skills to Individual With Learning Difficulties Through Non-Formal Education Setting,	2012	Halijah Ibrahim, Zainal Abidin Zainuddin, Asha Hasnimy Mohd Hashim, Fakhrul Anwar Khalil, Zainudin Abu Bakar
58	International Conference Of Sports Science And Recreation 2011	The Effect of Contrast Water Therapy at Different Time-Ratio on Blood Lactates after High Intensity Cycling Activity.	2011	Diyana Zulaika, Halijah Ibrahim, Asha Hasnimy Mohd Hashim & Fatin Alia Phang Abdullah
59	Seminar Penyelidikan Sehari FSS, UPSI	Phase of Healing and Soft Tissue Response.	2011	Asha Hasnimy Mohd Hashim & Lee Ai Choo

60	The Institute of Physical Education International Conference 2011,	Body composition features and fundamental movement skills performance among adolescents with Down Syndrome.	2011	Zainal Abidin Zainuddin, Hiedahyatie Abd Majid, Halijah Ibrahim, Asha Hasnimy Mohd Hashim & Aliff Ahmad
61	EDUPRESS 2010	A Development of Neuromuscular Control Exercise Protocol of The Knee with Patellofemoral Pain Syndrome (PFPS); A Concept Paper.	2010	Asha Hasnimy Mohd Hashim & Lee Ai Choo
62	International Conference on Sports and Exercise Science (Pre-ASEAN University Games Conference	The Effects of Activity Related Fatigue on Athlete's Dynamic Postural Control Ability.	2010	Mohd Hashim, A.H., Ibrahim, H., Zainuddin, Z.A. & Lee, A.C
63	Fasting and Sustainable Health Conference 2010,	Glucose Level During Fasting Month Among Competitive Endurance Athletes.	2010	Fakrul Anwar Khalil, Muhammad Ibrahim Azman, Asha Hasnimy Mohd Hashim, Syahrul Ridhwan Morazuki, Halijah Ibrahim Zainal Abidin Zainuddin, Hafizah Harun, Mohad Anizu Mohd Noor, Diyana Zulaika Abdul Ghani & Zainuddin Abu Bakar.
64	Fasting and Sustainable Health Conference 2010,	Fasting Heart Rate and Body Composition Responses During 2.4 KM Running among Competitive Endurance Athletes	2010	Syahrul Ridhwan Morazuki, Asha Hasnimy Mohd Hashim, Fakrul Anwar Khalil, Muhammad Ibrahim Azman, Halijah Ibrahim Zainal Abidin Zainuddin, Hafizah Harun, Mohad Anizu Mohd Noor, Diyana Zulaika Abdul Ghani & Zainuddin Abu Bakar.
65	2nd Teluk Danga International Games Convention 2008	Perbandingan Penggunaan Vo2max Di Antara Renang Jarak Dekat Atlet Sukma Dan Atlet Yang Tidak Layak Menyertai Sukma Negeri Johor	2008	Abu Salman Abdul Aziz & Asha Hasnimy Mohd Hashim
66	2nd Teluk Danga International Games Convention 2008	Kajian Terhadap Tahap Ketangkasan Di Kalangan Atlet Tinju Sukan Malaysia Negeri Johor 2008	2008	Mariana Abdul Manan, Asha Hasnimy Mohd Hashim & Halijah Ibrahim
67	2nd Teluk Danga International Games Convention 2008	DOMS: What Is It And How We Treat It?	2008	Zainal Abidin Zainuddin, Halijah Ibrahim & Asha Hasnimy Mohd Hashim
68	2nd Teluk Danga International Games Convention 2008	Traditional Vs It Approach In Teaching Health In PJK	2008	Asha Hasnimy Mohd Hashim

69	Seminar Kebangsaan Pendidikan Sains Dan Matematik	Mengenalpasti Jenis-Jenis Kecederaan Yang Dialami Oleh Atlet Silat Olahraga Yang Mewakili Negeri Johor Ke Sukma 2008 Semasa Kejohanan Silat	2008	Mat Azmin Bakar & Asha Hasnimy Mohd Hashim
70	2nd Teluk Danga International Games Convention 2008	Perkaitan Di Antara Kadar Denyutan Jantung Dan Tahap Dehidrasi Di Kalangan Atlet Larian 400 Meter	2008	Rahmah Abd Rahman @ Hassan & Asha Hasnimy Mohd Hashim
71	2nd Teluk Danga International Games Convention 2008	The Underlying Construct Of The Physical Fitness Test For Sports Science Students At Universiti Teknologi Malaysia Supported By Uni-Aktif Software	2008	Halijah Ibrahim, Asha Hasnimy Mohd Hashim, Zainal Abidin Zainuddin, Syahrul Ridzwan Morazuki & Muhamad Hafiz Ismail
72	2nd Teluk Danga International Games Convention 2008	Perisian Pembelajaran Berbantuan Komputer Sukan Olahraga (Balapan & Lompat Jauh) Kategori Cacat Penglihatan	2008	Suraya Salleh, Mohd Anizu Mohd Noor, Zainal Abidin Zainuddin & Asha Hasnimy Mohd Hashim
73	2nd Teluk Danga International Games Convention 2008	Common Injuries Area Among Archers	2008	Asha Hasnimy Mohd Hashim, Kamal Talib, , Halijah Ibrahim & Zainal Abidin Zainuddin
74	Seminar Kebangsaan Pendidikan Sains Dan Matematik	Mengenalpasti Kewujudan Kecederaan Blister Selepas Pelepasan Anak Panah Di Kalangan Atlet Memanah	2008	Harianti Hamid & Asha Hasnimy Mohd Hashim
75	2nd Teluk Danga International Games Convention 2008	Latihan Rectus Abdominis Yang Sesuai Untuk Pemain Hoki	2008	Norhafizah Ismail & Asha Hasnimy Mohd Hashim
76	2nd Teluk Danga International Games Convention 2008	Analysis On Physical Fitness Performance of Johor Futsal Team	2008	Abdul Hafiz Omar, Halijah Ibrahim, Asha Hasnimy Mohd Hashim, Zainal Abidin Zainuddin & Muhamad Hafiz Ismail
77	2nd Teluk Danga International Games Convention 2008	Tahap Anaerobic Threshold Di Kalangan Atlet-Atlet Olahraga Lelaki Jarak Dekat Sukma Johor	2008	Ramzallina Rahim & Asha Hasnimy Mohd Hashim
78	Asia-Pacific Conference on Exercise and Sports Science (APCESS 2007)	Rectus Abdominis Muscle Activation During Abdominal Crunches in Volleyball and Hockey Player.	2007	Asha Hasnimy Mohd Hashim, Muhammad Salleh Abdul Rahman, Halijah Ibrahim & Zainal Abidin Zainuddin
79	Asia-Pacific Conference on Exercise and Sports Science (APCESS 2007)	The performance of Neuromotor movement of children aged 5 to 6 years old using Zurich Neuromotor Assessment.	2007	Halijah Ibrahim, Asha Hasnimy Mohd Hashim & Zainal Abidin Zainuddi

80	Asia-Pacific Conference on Exercise and Sports Science (APCESS 2007)	Motor performance among Pre-School Children in Malaysia using Movement Assessment Battery for Children (MABC): Introductory phase of Movement Assessment Program.	2007	Halijah Ibrahim, Asha Hasnimy Mohd Hashim & Zainal Abidin Zainuddin
81	International Sports Science Conference 2006.	Eurycoma Longifolia Jack as an alternative treatment for delayed onset muscle soreness (DOMS).	2006	Zainal Abidin Zainuddin, Halijah Ibrahim & Asha Hasnimy Mohd Hashim
82	International Sports Science Conference 2006.	Muscle activity during diaphragmatic breathing compared to abdominal crunches: a pilot study.	2006	Asha Hasnimy Mohd Hashim, Halijah Ibrahim, & Zainal Abidin Zainuddin
83	Teluk Danga International Games Convention 2006	Effects of massage on muscle soreness and parameters associated with muscle damage following eccentric exercise of the elbow flexor	2006	Zainal Abidin Zainuddin, Halijah Ibrahim & Asha Hasnimy Mohd Hashim
84	Teluk Danga International Games Convention 2006	Developing Physical education benchmark : A preliminary investigation using two standardized test instruments.	2006	Halijah Ibrahim, Asha Hasnimy Mohd Hashim & Zainal Abidin Zainuddin
85	Teluk Danga International Games Convention 2006	Implementing Phone Coaching Method in Promoting Healthy Lifestyles Among Malaysian.	2006	Asha Hasnimy Mohd Hashim, Halijah Ibrahim, & Zainal Abidin Zainuddin
86	Kursus Intensif Sains Sukan, Universiti Sains Malaysia.	Refleksi Prestasi Satu Pasukan Bola Sepak Elit Sepanjang Satu Musim Pertandingan Liga Piala Malaysia.	2006	Abdul Hafiz Omar & Asha Hasnimy Mohd Hashim
<b>PROCEEDINGS</b>				
1	Prosiding Kolokium Antarabangsa Pasca Siswazah Sains Sukan, Kokurikulum, Pendidikan Jasmani & Kesihatan UTM-UNP	Penambahbaikan Program Akademik Sarjana Muda Pendidikan (Sains Sukan) Menerusi Perkongsian Ilmu Dari Pihak Pemegang Taruh (Stakeholder)	2019	Halijah Bt. Ibrahim, Zainal Abidin Zainuddin, Asha Hasnimy Mohd Hashim, Diyana Zulaika Abdul Ghani, Adjah Naqkiah, Syahrul Ridhwan Morazuki & Muhamad Hafiz Ismail
2	Kolokium Antarabangsa Pasca Siswazah Sains Sukan, Kokurikulum, Pendidikan Jasmani Dan Kesihatan UTM-UNP	Penggunaan Bowling Machine Terhadap Konsistensi Fasa Backlift Kemahiran Batting Pemain Kriket	2019	Asha Hasnimy Binti Mohd Hashim, Maizal Nordin & Noriza Milan
3	Kolokium Antarabangsa Pasca Siswazah Sains Sukan, Kokurikulum, Pendidikan Jasmani Dan Kesihatan UTM-UNP	Pengukuran Visual Analogue Scale Dan Graphic Rating Scale Terhadap Delayedonset Muscle Soreness	2019	Siti Nuratirah Md Juhari & Asha Hasnimy Binti Mohd Hashim

4	Kolokium Antarabangsa Pasca Siswazah Sains Sukan, Kokurikulum, Pendidikan Jasmani Dan Kesihatan UTM-UNP	Kesan Rendaman Ais Terhadap Delayed Onset Muscle Soreness (Doms)	2019	Abdul Zahin Aman & Asha Hasnimy Binti Mohd Hashim
<b>ORIGINAL BOOK</b>				
1	Temuduga Program Pendidikan - Prosedur Dan Tatacara Pelaksanaan Dalam Talian	Sekolah Pendidikan, FSSK, UTM	2020	Asha Hasnimy Mohd Hashim, Halijah Ibrahim, Megat Aman Zahiri Megat Zakaria, Norlita Hassan & Nurhila Zait
2	Teori Dan Amalan Sains Sukan Dari Pelbagai Dimensi Siri 3	UTM Press. ISBN: 978-983-52-0959-8	2014	Halijah Ibrahim, Asha Hasnimy Mohd Hashim, Syahrul Ridhwan Morazuki & Hafizah Harun
3	Manual Kecergasan dan Kenal Pasti Bakat	Nasmax. Sdn. Bhd. ISBN: 978-967-53-9010-4	2009	Asha Hasnimy Mohd Hashim, Halijah Ibrahim, Zainal Abidin Zainuddin & Hayrol Shahrizad Moh Sharif
4	Integrating Injuries Factors in Physical Activities	UTM Press. ISBN: 978-983-52-0517-0	2008	Yusof Boon, Asha Hasnimy & Halijah Ibrahim
5	Kajian Berkaitan Kecergasan Fizikal dan Kemahiran Motor	UTM Press. ISBN: 978-983-52-0525-5	2008	Yusof Boon, Halijah Ibrahim & Asha Hasnimy
6	Adaptasi latihan dan kecederaan	UTM Press. ISBN: 978-983-52-0510-1	2008	Yusof Boon, Asha Hasnimy & Halijah Ibrahim
7	Eksplorasi Aspek Sains Dalam Sukan	UTM Press. ISBN: 978-983-52-0511-8	2006	Yusof Boon, Asha Hasnimy & Halijah Ibrahim
8	Sports Coaching Module	Open University Malaysia. SBSP2103	2007	Abdul Hafiz Omar, Najib Abdul Majid, Mohad Anizu Mohd Noor, Asha Hasnimy Mohd Hashim & Muhamad Hafiz Ismail.
<b>BOOK CHAPTER</b>				
1	Pemberdayaan Wanita Menghadapi Cabaran: Perspektif Kesihatan, Psikologi Dan Pendidikan	Status Keseimbangan Statik Dan Dinamik: Implikasi Terhadap Kemahiran Motor Kanak-Kanak Prasekolah	2024	Halijah Ibrahim, Asha Hasnimy Mohd Hashim & Diyana Zulaika Abdul Ghani
2	Pemberdayaan Wanita Menghadapi Cabaran: Perspektif Kesihatan, Psikologi Dan Pendidikan	Tahap Pengetahuan Pendidikan Reproduksi Dan Seksualiti Dalam Kalangan Masyarakat	2024	Diyana Zulaika Abdul Ghani, Halijah Ibrahim & Asha Hasnimy Mohd Hashim,

3	Wanita, Keluarga Dan Masyarakat: Cabaran Dan Strategi Pemerkasaan	Status Komposisi Badan Dan Prestasi Fizikal Wanita Dewasa Menyertai Program Aktiviti Senaman Dalam Komuniti	2024	Asha Hasnimy Mohd Hashim, Halijah Ibrahim & Diyana Zulaika Abdul Ghani
4	Studies In Applications Of Psychology And Counselling In Asian Context	Evaluation Of 'Fun And Fit With Baby' Exercise Programme On Individual Psychological Being	2017	Halijah Ibrahim, Asha Hasnimy Mohd Hashim Zainal Abidin Zainuddin & Diyana Zulaika Abdul Ghani
5	Advances In Applied Psychology And Education	Diaphragmatic Breathing Versus Abdominal Crunches: Muscle Activity	2015	Asha Hasnimy Mohd Hashim, Halijah Ibrahim & Zainal Abidin Zainuddin
6	Teori Dan Amalan Sains Sukan Dari Pelbagai Dimensi Siri 1	Kebolehpercayaan Uji-Ulang-Uji : Ujian Keseimbangan (Y-Balance Test)	2014	Asha Hasnimy Mohd Hashim & Lee Ai Choo
7	Adaptasi Latihan Dan Kecederaan	Ketidakselesaan Jari Atlet Memanah Berdasarkan Bilangan Dan Jarak Lepasan Anak Panah	2008	Asha Hasnimy Mohd Hashim, Kamal Talib, , Halijah Ibrahim & Zainal Abidin Zainuddin
8	Adaptasi Latihan Dan Kecederaan	Latihan Kekuatan Otot Rectus Abdominis Untuk Atlet Hoki	2008	Norhafizah Ismail & Asha Hasnimy Mohd Hashim
9	Integrating Injuries Factors In Physical Activities	Every Steps Counts	2008	Asha Hasnimy Binti Mohd Hashim
10	Integrating Injuries Factors In Physical Activities	Muscle Activation Between Volleyball And Hockey Players	2008	Asha Hasnimy Mohd Hashim, Muhammad Salleh Abdul Rahman, Halijah Ibrahim & Zainal Abidin Zainuddin
11	Adaptasi Latihan Dan Kecederaan	Pola Kecederaan Atlet Silat Olahraga	2008	Mat Azmin Bakar & Asha Hasnimy Mohd Hashim
12	Adaptasi Latihan Dan Kecederaan	Pola Kecederaan Atlet Memanah	2008	Asha Hasnimy Mohd Hashim, Kamal Talib, , Halijah Ibrahim & Zainal Abidin Zainuddin
<b>ARTICLE IN MASS MEDIA</b>				
1	UTM NEWSHUB	UTM And ABMMA Collaborate On Sports Science Training And Research	2025	Nur Fatimah Raimi & Asha Hasnimy Mohd Hashim
2	UTM NEWSHUB	Sri Pulai Sihat Dan Cergas: Empowering Women Through Fitness	2025	Asha Hasnimy Mohd Hashim
3	UTM NEWSHUB	Lawatan Ksu Kementerian Perpaduan Negara: Sokongan Projek Komuniti	2024	Diyana Zulaika Binti Abdul Ghani, Asha Hasnimy Mohd Hashim, Halijah Ibrahim & Nurzal Effiyana Ghazali

4	UTM NEWSHUB	Kolaborasi UTM, JPNJ Dan DTC-JDT Kulai Perkasa Kemenjadian Pelapis Bola Sepak Harimau Selatan	2023	Diyana Zulaika Binti Abdul Ghani, Asha Hasnimy Mohd Hashim, Nur fatihah Raimi, Halijah Ibrahim, Zainal Abidin Zainuddin, Muhammad Hafiz Ismail, and Adjah Naqkiah Mazlan
5	UTM NEWSHUB	Virtual Sport Innovation Carnival 2020 Perkasa Kreativiti Dan Inovasi Dalam Kalangan Pelajar.	2021	Diyana Zulaika Binti Abdul Ghani, Asha Hasnimy Mohd Hashim, Halijah Ibrahim and Zainal Abidin Zainuddin
6	UTM NEWSHUB	Kekal Aktif Di Rumah Semasa PKP Susulan Covid-19	2020	Asha Hasnimy Mohd Hashim
7	UTM NEWSHUB	JDT Academy And FSSH UTM - A Marriage Made In Heaven	2020	Asha Hasnimy Mohd Hashim
8	UTM NEWSHUB	First Online Interview For Undergraduate Candidates By School Of Education UTM	2020	Asha Hasnimy Mohd Hashim

**PLENARY/CHAIRPERSON/ORAL POSTER PRESENTER/KEYNOTE ADDRESS / INVITED GUEST SPEAKER**

<b>NO</b>	<b>ROLE</b>	<b>TITLE OF PROGRAMME</b>	<b>DATE</b>	<b>LOCATION</b>
1	Invited Guest Speaker	Public Lecture Health and Fitness in Schools: Effective Programs and Policies	29/07/2024	Faculty of Teacher Training and Education, Sriwijaya University (Online)
2	Invited Guest Speaker	Bengkel Pengurusan Artikel Menggunakan Mendeley	21/03/2023	FSSK, UTM
3	Invited Guest Speaker	Bengkel Pengurusan Artikel Menggunakan Mendeley	06/07/2022	FSSK, UTM (online)
4	Invited Guest Speaker	Demonstrasi dan Perkongsian Pengajaran Secara Hybrid	24/04/2022	UTM
5	Invited Guest Speaker	Penceramah Kursus Sport Massage	23/04/2022	Makmal Penyelidikan Kecergasan, Sekolah Pendidikan, FSSK, UTM
6	Invited Guest Speaker	Penghasilan dan Pemurnian Proposal Penyelidikan EGHD	04/01/2022	FSSK, UTM
7	Invited Guest Speaker	Seminar Minggu Penyusunan Susu Ibu Sedunia	11/08/2018	KPJ Johor Specialist Hospital
8	Plenary Speaker	Seminar Nasional Prodi Pendidikan Olahraga S2	23/09/2019	Fakultas Ilmu Keolahragaan, Universitas Negeri Padang
9	Invited Guest Speaker	Bengkel Pelan Strategik Myra 2018 FSSK	28/11/2018	FSSK, UTM
10	Chairperson (parallel session)	Kolokium Pendidikan Nusantara	26/03/2018	Fakulti Pendidikan, UTM
11	Chairperson (parallel session)	The 12th International Civil Engineering Postgraduate Conference – The 3rd International Symposium of Expertise on Engineering Design (SEPKA ISEED'18)	27-28/8/2018	LeGrandeur Palm Resort, Senai, Johor.
12	Chairperson (parallel session)	4th International Postgraduate Seminar (4th IEPS2017)	10-11/12/2017	LeGrandeur Palm Resort, Senai, Johor.
13	Oral Presenter	11th International Sport Science Conference 2017	30/10-1/11/2017	Universiti Sains Malaysia, Kubang Kerian, Kelantan

14	Oral Presenter	The 2nd International Symposium on Expertise of Engineering Design	10-11/5/2017	Kagoshima, Japan
15	Oral Presenter	Seminar Kebangsaan Majlis Dekan Pendidikan Universiti Awam 2017	13-15/12/2017	Universiti Malaysia Sabah
16	Chairperson (parallel session)	International Conference on Applied Counselling & Psychology 2017 (ICACP 2017)	7-8/2/2017	LeGrandeur Palm Resort, Senai, Johor.
17	Oral Presenter	International Conference on Applied Counselling & Psychology 2017 (ICACP 2017)	7-8/2/2017	LeGrandeur Palm Resort, Senai, Johor.
18	Invited Guest Speaker	Southern Babywearing Festival	22/11/2016	Perpustakaan Zarith Sofea, UTM
19	Invited Guest Speaker	Southern Babywearing Fiesta	3/10/2015	KSL Resort, Johor Bahru, Johor.

## PROFESSIONAL SERVICES

### Consultation and Training

NO	ROLE	TITLE OF PROGRAMME	DATE	LOCATION	TOTAL INCOME GENERATED (RM)
1.	Project Leader	Pembangunan Program Baharu Diploma Sukan Dan Kecergasan	31/12/2023	School Of Professional And Continuing Education (UTMSPACE)	RM50,000.00
2.	Project Leader	Outward Bound Dan Sains Sukan	31/12/2023	Institusi-Institusi Dan Sekolah-Sekolah Di Malaysia	RM5130.00
3.	Project Leader	Kursus Professional Pendidikan Kejurulatihan Sukan (Foundation And Applied Coach Education (F.A.C.E)	31/12/2022	Pusat Akademik Dan Pengalaman Pembelajaran (UTM Cael), Institut Siswazah Tersedia Kehidupan (UTMlleague), UTM Johor Bahru.	RM102,000.00
4.	Project Leader	Outward Bound Dan Sains Sukan	31/12/2022	Institusi-Institusi Dan Sekolah-Sekolah Di Malaysia	RM8423.30
5.	Project Leader	Outward Bound Dan Sains Sukan	31/12/2021	Institusi-Institusi Dan Sekolah-Sekolah Di Malaysia	RM3930.48

6.	Project Leader	Outward Bound Dan Sains Sukan	31/12/2020	Institusi-Institusi Dan Sekolah-Sekolah Di Malaysia	RM3930.48
7.	Project Leader	Outward Bound Dan Sains Sukan	31/12/2019	Institusi-Institusi Dan Sekolah-Sekolah Di Malaysia	RM3930.48
8.	Project Leader	Outward Bound Dan Sains Sukan	31/12/2018	Institusi-Institusi Dan Sekolah-Sekolah Di Malaysia	RM5590.86

### **Community Project**

NO	ROLE	NAME OF PROJECT	DATE	TOTAL VALUE OF PROJECT (RM)
1	Sub-project Leader – Sri Pulai Sihat & Cergas	Memperkasakan Rangkaian Pendigitalan Bagi Kejiranan Setempat	2/1/2024 – 31/1/2025	RM20,000
2	Member	Sri Pulai SRS E-Bike Patrol	11/07/2024 – 31/01/2025	RM26,000
3	Member	Seminar Perkongsian Ilmu Mengenai Aktiviti Sukan Suaian Kepada Kanak-Kanak Pendidikan Khas Di Sekitar Negeri Johor	01/01/2021 – 31/12/2021	RM5,000
4	Member	Equine Therapeutic: Riding For Special Need And Ecology Sustainability	01/01/2020 – 31/12/2021	RM20,000
5	Member	Prestasi Kemahiran Motor Halus Kanak-Kanak Pra Sekolah	01/02/2018 – 30/11/2018	RM5,050

### **Community and University Services**

NO	ROLE	TITLE OF PROGRAMME	DATE	LEVEL	LOCATION
1	Advisor	Klinik Bola Sepak Akar Umbi	14/01/2023	State	Padang Awam Kangkar Pulai, Johor Bahru, Johor
2	Advisor	Fun & Fit with Baby	16/4/2018	State	Makmal Penyelidikan Kecergasan, Sekolah Pendidikan, UTM

### Endowment and Wakaf to University

NO	NAME OF ENDOWMENT AND WAKAF	TOTAL CONTRIBUTION (RM)
1	Tabung Kewangan FSSK – agihan bayaan projek perundingan	RM1660.95
2	Tabung Endowment Fakulti	RM50.00
3	Tabung Amanah Kebajikan Pelajar FSSH	RM100.00
4	Sumbangan B40 LM & LI	RM100.00
5	Tabung Sumbangan Covid-19 UTM	RM100.00
6	Wakaf Karpit UTM	RM100.00

### Copyright

NO	NAME OF COPYRIGHT	STATUS OF COPYRIGHT	REFERENCE NO
1.	Pelaporan Ujian Kecergasan Fizikal – Lookerstudio.com	Submit	IP/CR/06845
2.	A Systematic Fitness Training System	Approved	IP/PT/2008/0781
3.	Rubrik Pentaksiran Penilaian Projek Akhir Kokurikulum Kolej Matrikulasi	Recommended	IP/CR/04810
4.	Fun And Fit Babywearing Exercise Prototype Video	Secretariat Correction	IP/CR/04367
5.	Modul Kembara Stem UTM-JPNJ	Secretariat Correction	IP/CR/02904
6.	Panduan Calon: Temuduga Dalam Talian Ijazah Sarjana Muda Pendidikan (Ism) Utm	Approved	IP/CR/00886
7.	Sekolah Sukan Tunku Mahkota Ismail (SSTMI) Cyclists Performance Mobile Application (Cpma)	Approved	IP/CR/00827
8.	Panduan Calon: Ujian Kecergasan Dalam Talian ISMP UTM (Sains Sukan)	Approved	IP/CR/00667
9.	Panduan Panel Penemuduga: Temuduga Dalam Talian Ijazah Sarjana Muda Pendidikan (ISMP) UTM	Approved	IP/CR/00663
10.	Panduan Panel Penemuduga: Ujian Kecergasan Dalam Talian Ijazah Sarjana Muda Pendidikan (ISMP) UTM (Sains Sukan)	Approved	IP/CR/00661
11.	Panduan Ujian Kecergasan Dalam Talian	Approved	IP/CR/00496
12.	Panduan Temuduga Dalam Talian Calon Sarjana Muda Pendidikan UTM	Approved	IP/CR/00495
13.	Manual Intervention Aktiviti Fizikal Terhadap Brain Wave Pattern Semasa Melakukan Aktiviti Kemahiran Motor Halus Focus-Attention	Approved	IP/CR/2019/1286

14.	Senarai Semak Kemahiran Pukulan Penentuan Penalti - Penalty Shoot-Out - Sukan Hoki	Approved	IP/CR/2019/0453
15.	Rancangan 6-Minggu Program Latihan Kemahiran Menjaring Sukan Bola Jaring	Approved	IP/CR/2019/0030
16.	Modul Latihan Menjaring Bagi Pemain Muda Sukan Bola Jaring	Submit	IP/CR/2019/0384
17.	Pengujian Kemahiran Motor Halus Kanak-Kanak Prasekolah	Approved	IP/CR/2018/0274
18.	Prosedur Dan Rubrik Kualiti Pergerakan Ujian Kemahiran Asas Sukan Hoki Tennis Ragbi Dan Bola Baling	Approved	IP/CR/2017/0725
19.	Prosedur Program Latihan Neuromuskular NCT Untuk Individu Yang Mengalami Pattelofemoral Pain Syndrome Pfps	Approved	IP/CR/2017/0697
20.	Kumpulan Kluster Pemain Remaja Bola Jaring Masalah Pendengaran Dan Pemain Normal Berasaskan Tiga Ujian Ketangkasan Mengubah Arah Pergerakan	Approved	IP/CR/2017/0683
21.	Rekabentuk Web Dan Sistem Pengurusan Persidangan Kajian Pendidikan CES	Approved	IP/CR/2017/0529
22.	Modul Senaman Core Pelvic Muscle Bersama Bayi	Approved	IP/CR/2016/1714
23.	Instrumen Dan Keberkesanan Objektif Pendidikan Program Dan Hasil Pembelajaran Program Sarjana Muda Sains Serta Pendidikan Sains Sukan	Approved	IP/CR/2016/1694
24.	Data Normatif Dan Deskriptif Tiga Ujian Ketangkasan Atlet Muda Bola Jaring Kebangsaan	Approved	IP/CR/2016/1295
25.	Data Normatif Dan Deskriptif Ujian Naik Turun Bangku: Tecumseh Step Test YMCA 3-Minute Step Test Dan Queens College Step Test	Approved	IP/CR/2016/0134
26.	Data Normatif Dan Deskriptif Ujian Special Judo Fitness Test Atlet Judo Johor Malaysia	Approved	IP/CR/2016/0069
27.	Modul Senaman Toning Otot Bersama Bayi	Secretariat Correction	IP/CR/2016/1711
28.	Kerangka Model Penggunaan Pengendong Bayi	Secretariat Correction	IP/CR/2016/1018
29.	Modul Senaman Postur Dan Imbangan Bersama Bayi	Secretariat Correction	IP/CR/2016/1017
30.	Prosedur Perlaksanaan Tes Keterampilan Mencoret, Manipulatif, Motorik Halus Dan Motorik Kasar	Approved	IP/CP/2014/4694

31.	Formulir Skor Tes Keterampilan Mencoret, Manipulatif, Motorik Halus Dan Motorik Kasar	Approved	IP/CP/2014/4690
32.	CEKAP: Video Pengujian Asas Pergerakan Kanak-Kanak	Approved	IP/CP/2013/4109
33.	Modul Aktiviti Pengkayaan Kemahiran Asas Pergerakan (CEKAP)	Approved	IP/CP/2013/4107
34.	Prosedur Perlaksanaan Pentaksiran Asas Pergerakan Kanak-Kanak Normal Dan Berkeperluan Khas (Fundamental Movement Assessment Procedures For Normal And Special Children - CEKAP)	Approved	IP/CP/2013/3876
35.	Rubrik Pentaksiran Asas Pergerakan Kanak-Kanak Normal Dan Berkeperluan Khas (Rubric Of The Fundamental Movement Assessment For Normal And Special Children-CEKAP)	Approved	IP/CP/2013/3884
36.	Pangkalan Data E-Cekap(Cemerlang Kemahiran Asas Pergerakan) Berasaskan Web	Approved	IP/CP/2013/4108
37.	Rubrik Penilaian Ujian Kemahiran Asas Gimnastik	Approved	IP/CP/2013/3594
38.	Teaching Materials For Kayak	Approved	IP/CP/2012/3157
39.	Teaching Materials For First Aids	Approved	IP/CP/2012/3158
40.	Teaching Materials For Snorkeling	Approved	IP/CP/2012/3159
41.	Teaching Materials For Introduction To Outdoor Education	Approved	IP/CP/2012/3155
42.	Teaching Materials For Survival Skills	Approved	IP/CP/2012/3160
43.	Teaching Materials For Abseiling	Approved	IP/CP/2012/3156